Puglia Grand Tour Part 2: Alberobello to Trani

by ItalyCyclingGuide

The second part of a 787-kilometre cycle touring route in southern Italy. This section of the tour takes you to the coast and the lovely coastal cities of Polignano a Mare and Monopoli. It then heads back inland to the fascinating city of Matera before returning to the coast, via the mysterious Castel del Monte, and Trani another atmospheric coastal city. For a detailed guide please go to the [italy-cycling-guide.info](http://www.italycycling-guide.info).

**DISTANCE:** 223 km

**TOTAL VERTICAL CLIMB:** 1370 hm

**SURFACE:** Paved

**CATEGORY:** A-to-B