



Opens route in mobile
browser or app

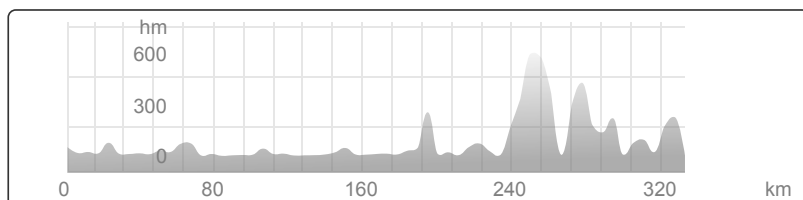
Cycling the coast of Liguria

by ItalyCyclingGuide

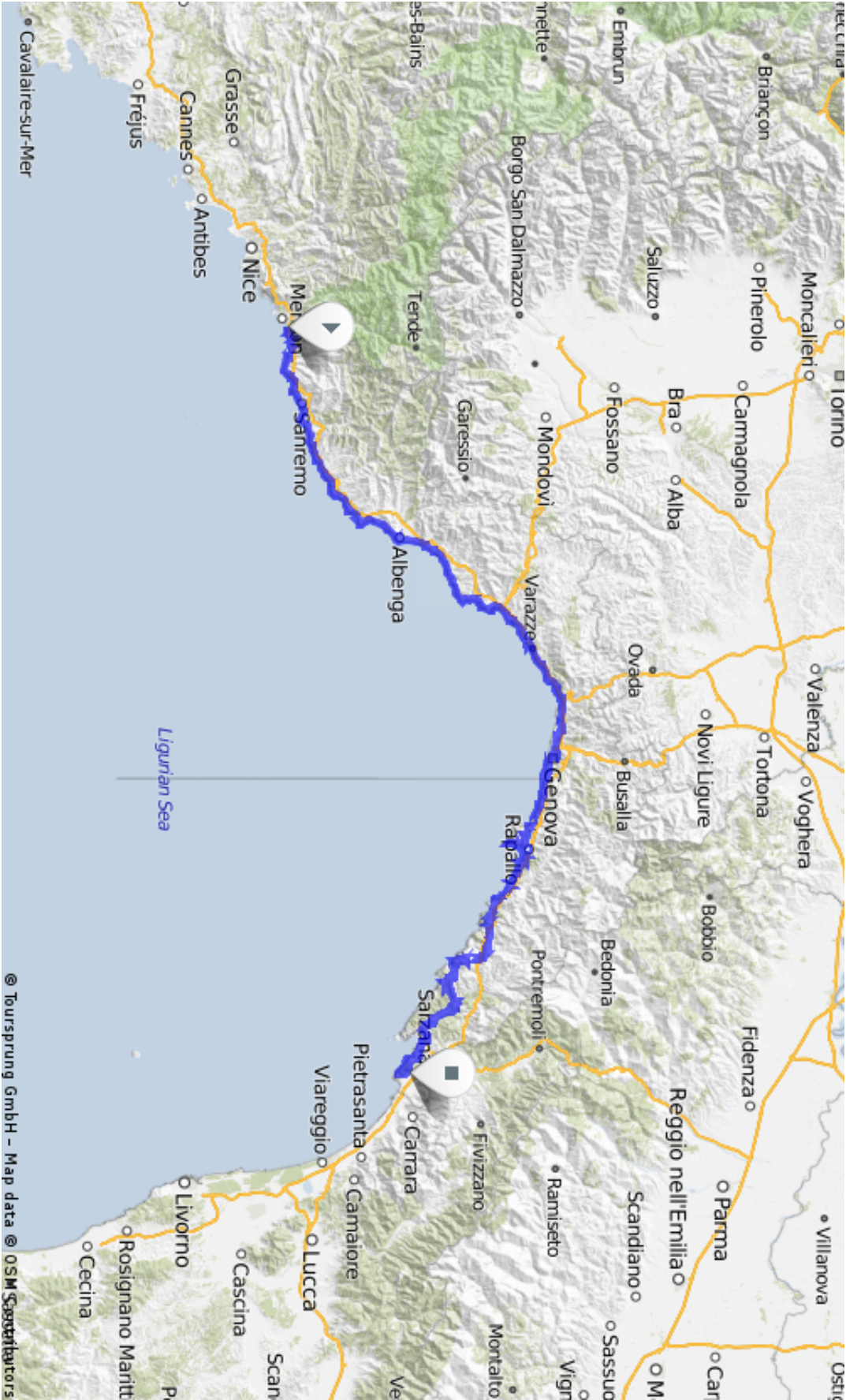
A cycle touring route along the coast of Liguria. The route uses quiet roads and cycleways where possible, but there are some stretches on busier roads. It takes you from the border with France to the border with Toscana.

DISTANCE:	331 km
TOTAL VERTICAL CLIMB:	3710 hm
SURFACE:	Paved

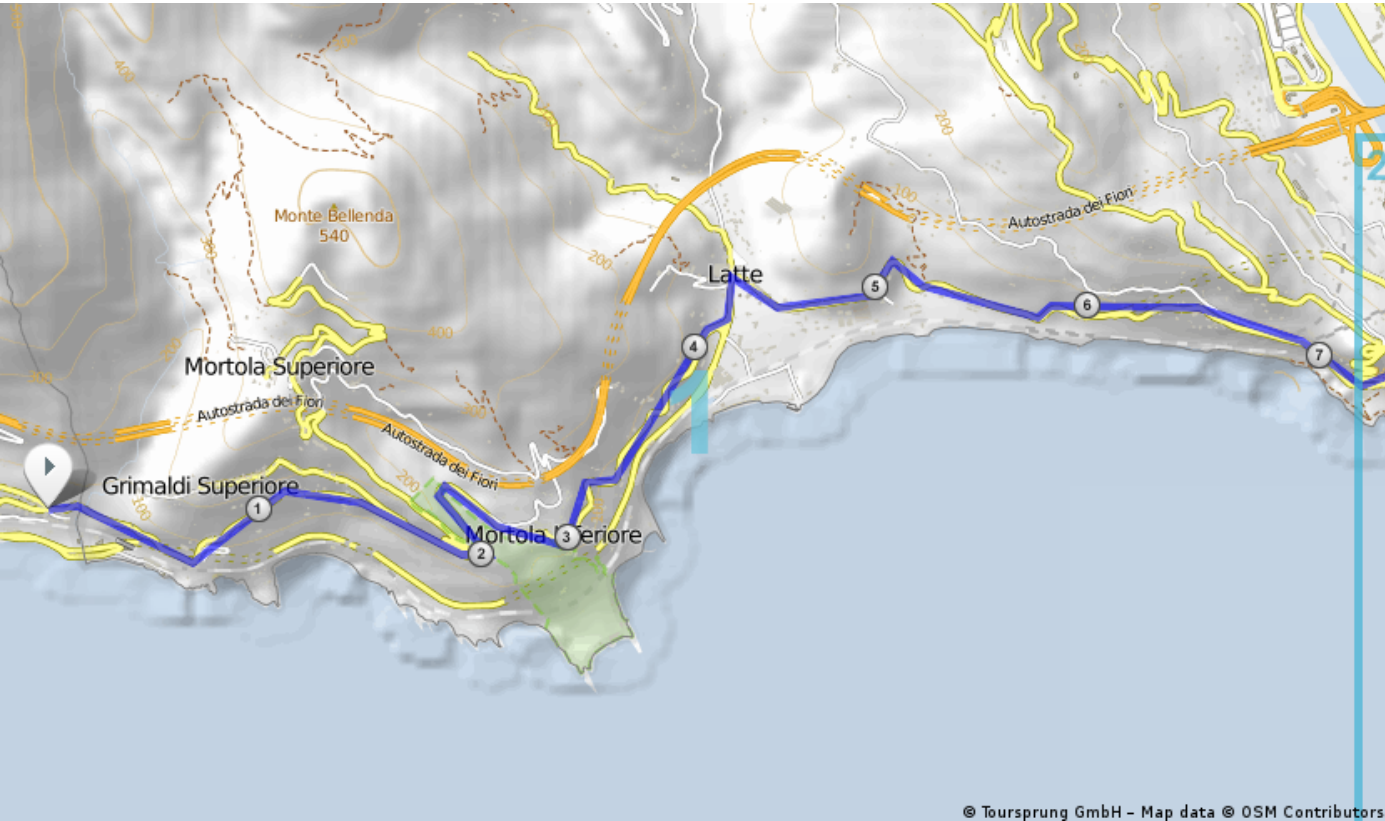
For a detailed guide to the tour, including practical information about campsites and transport links, as well as gps downloads, please go to italy-cycling-guide.info



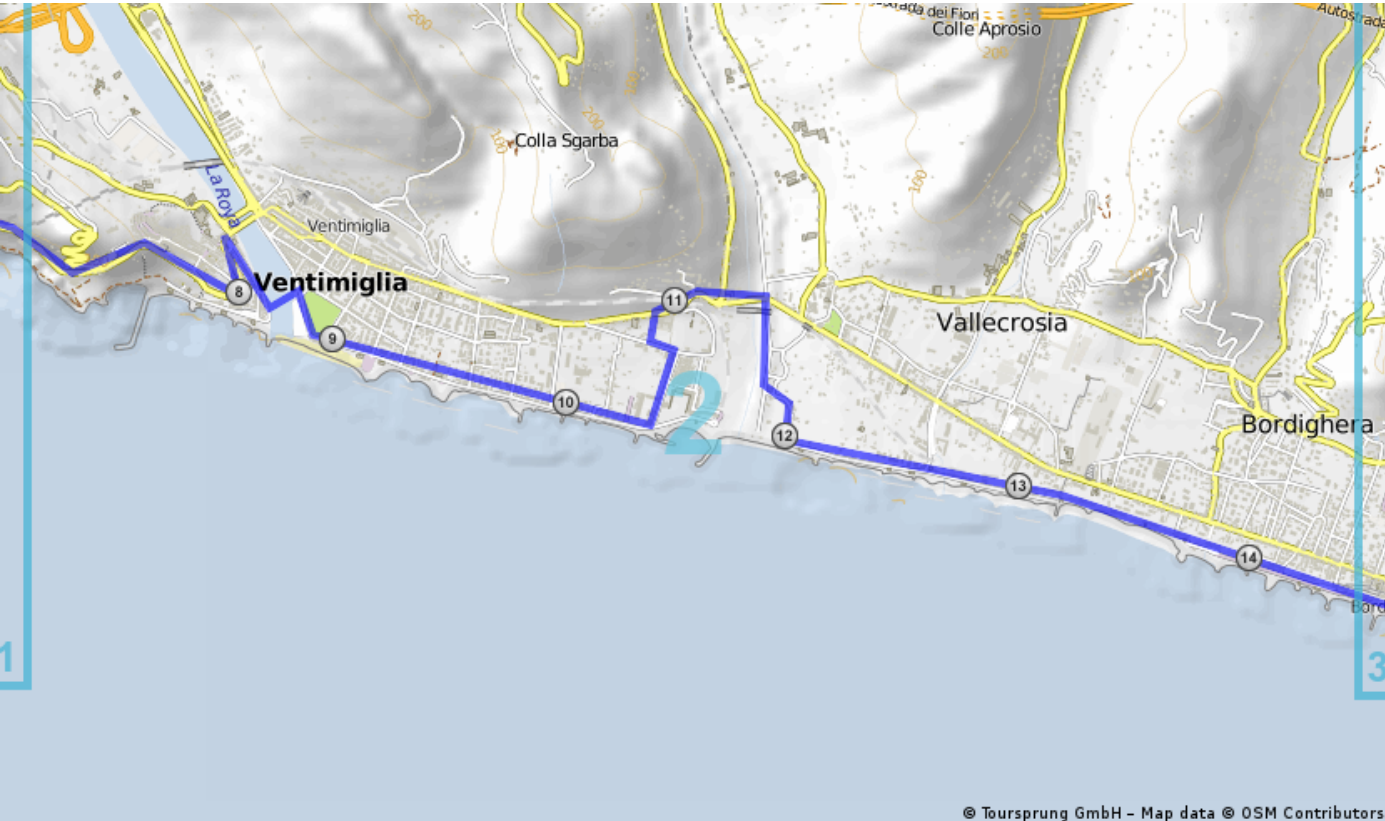
Route Overview



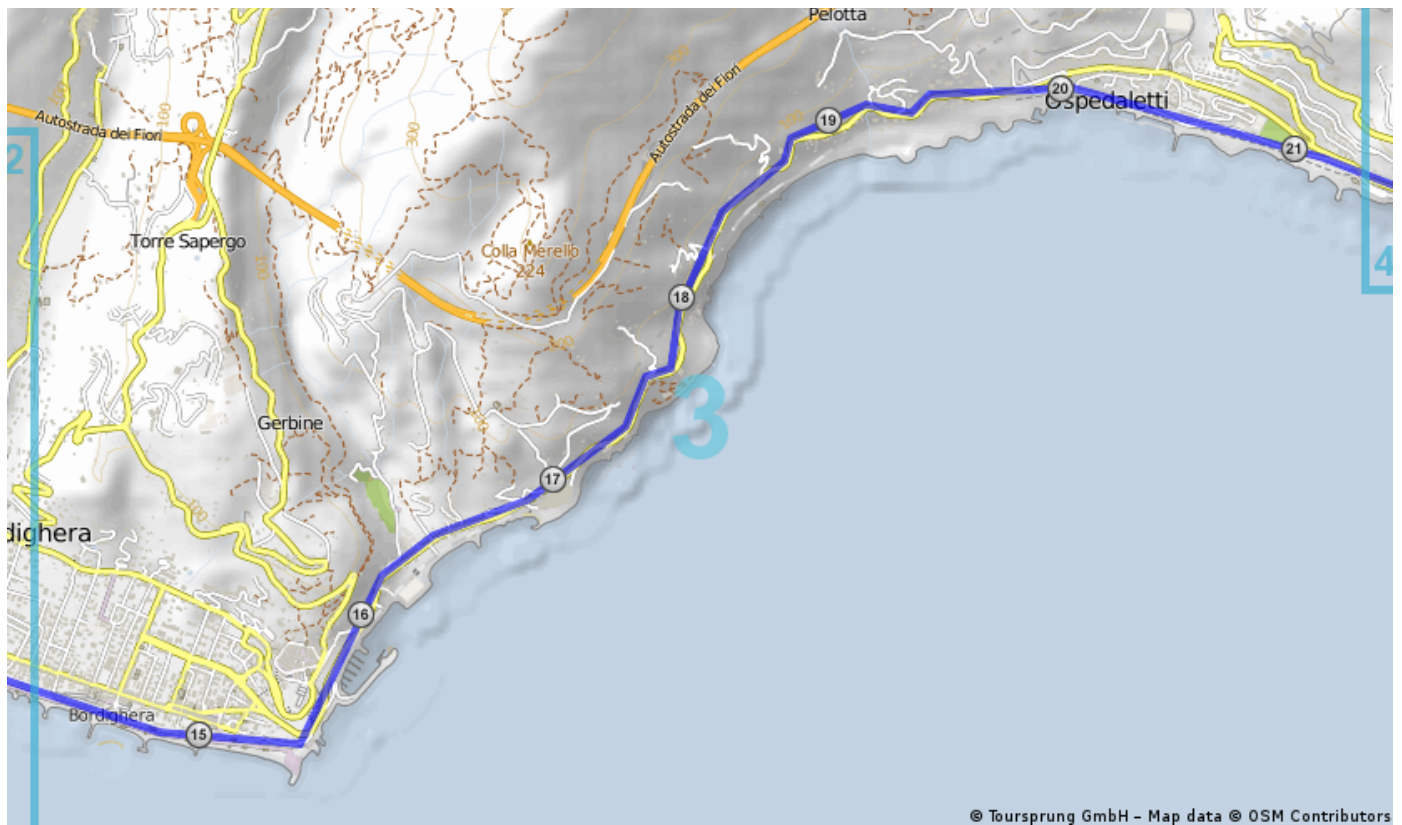
Route Details



Map 1 / 52

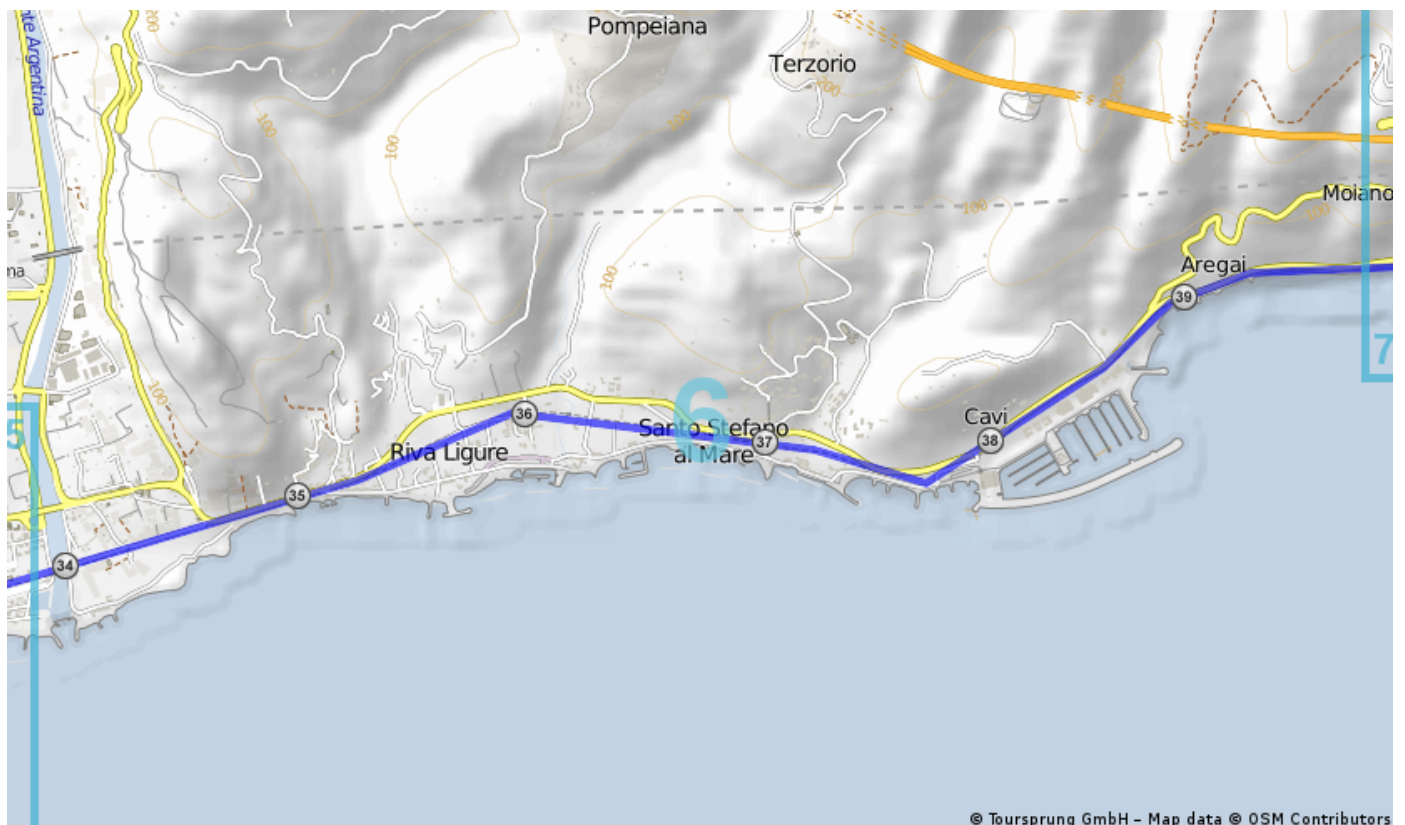


Map 2 / 52

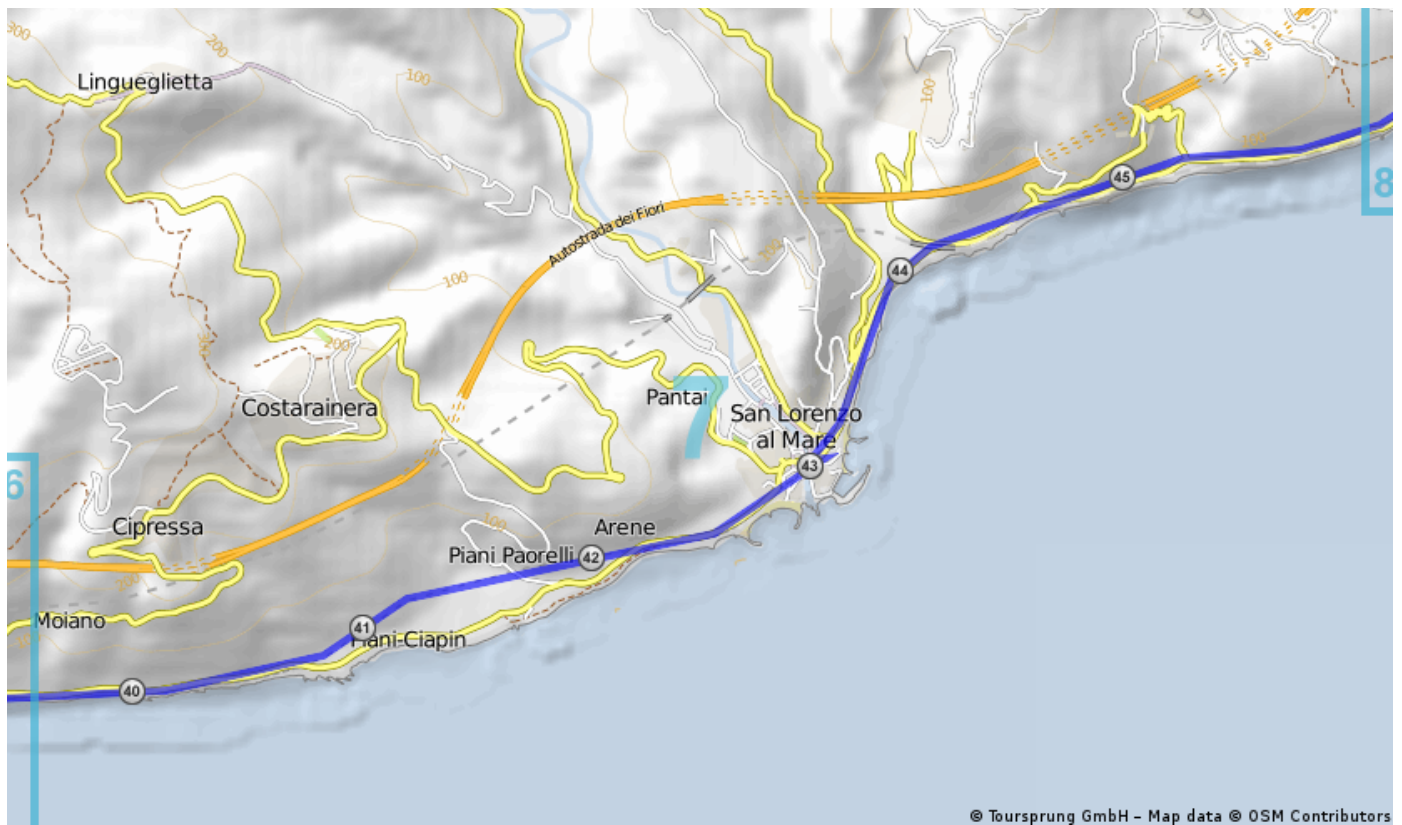




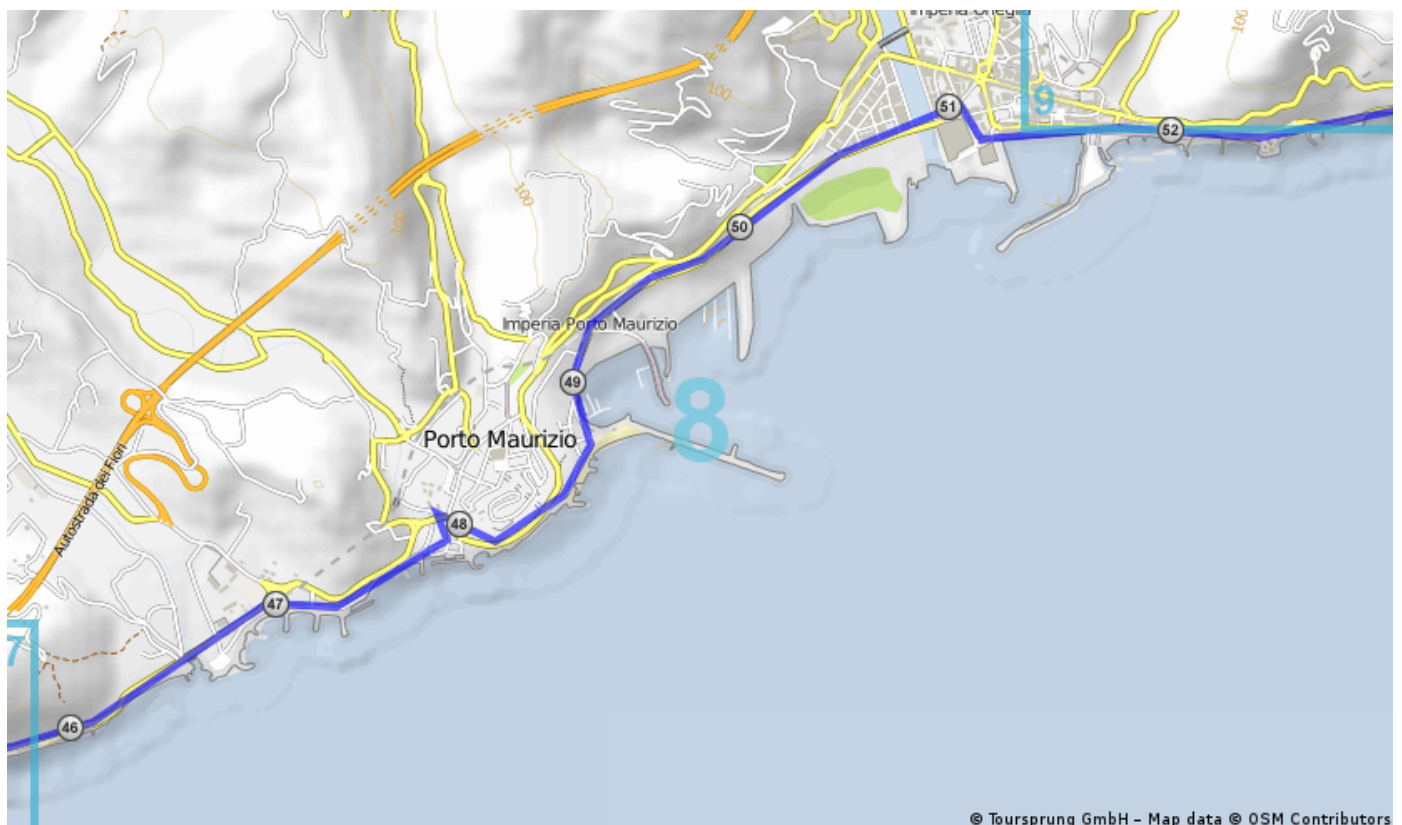
Map 5 / 52



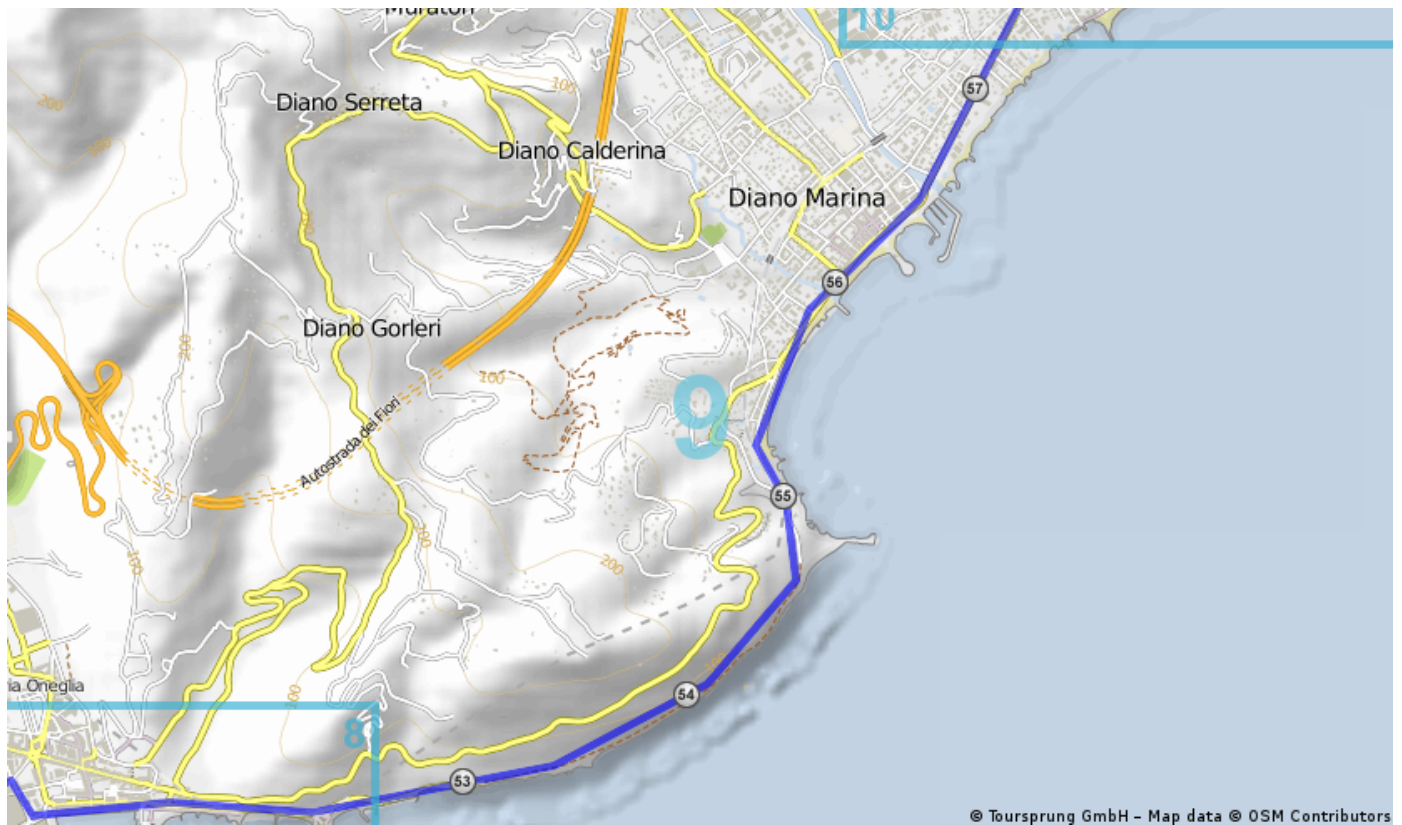
Map 6 / 52



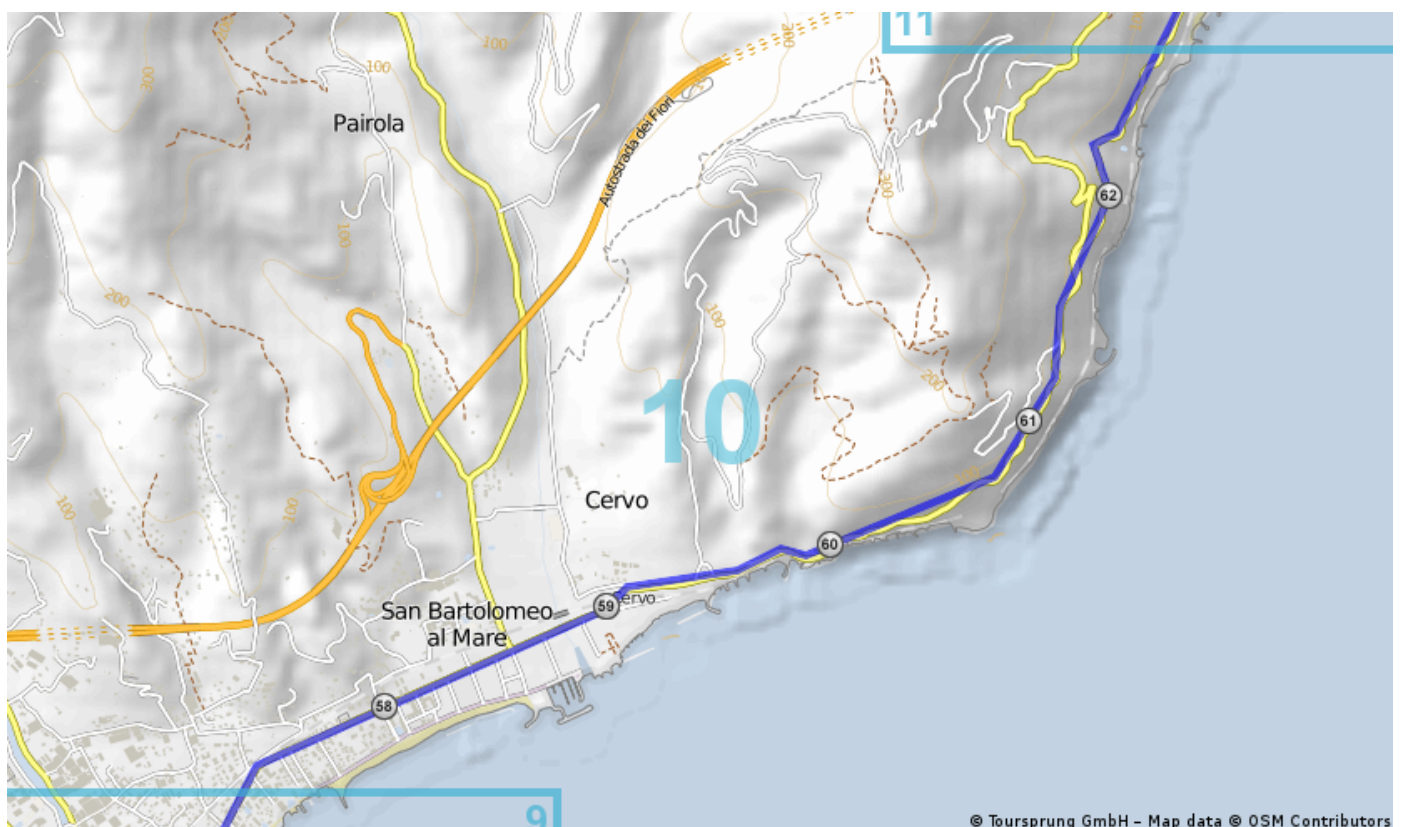
Map 7 / 52



Map 8 / 52

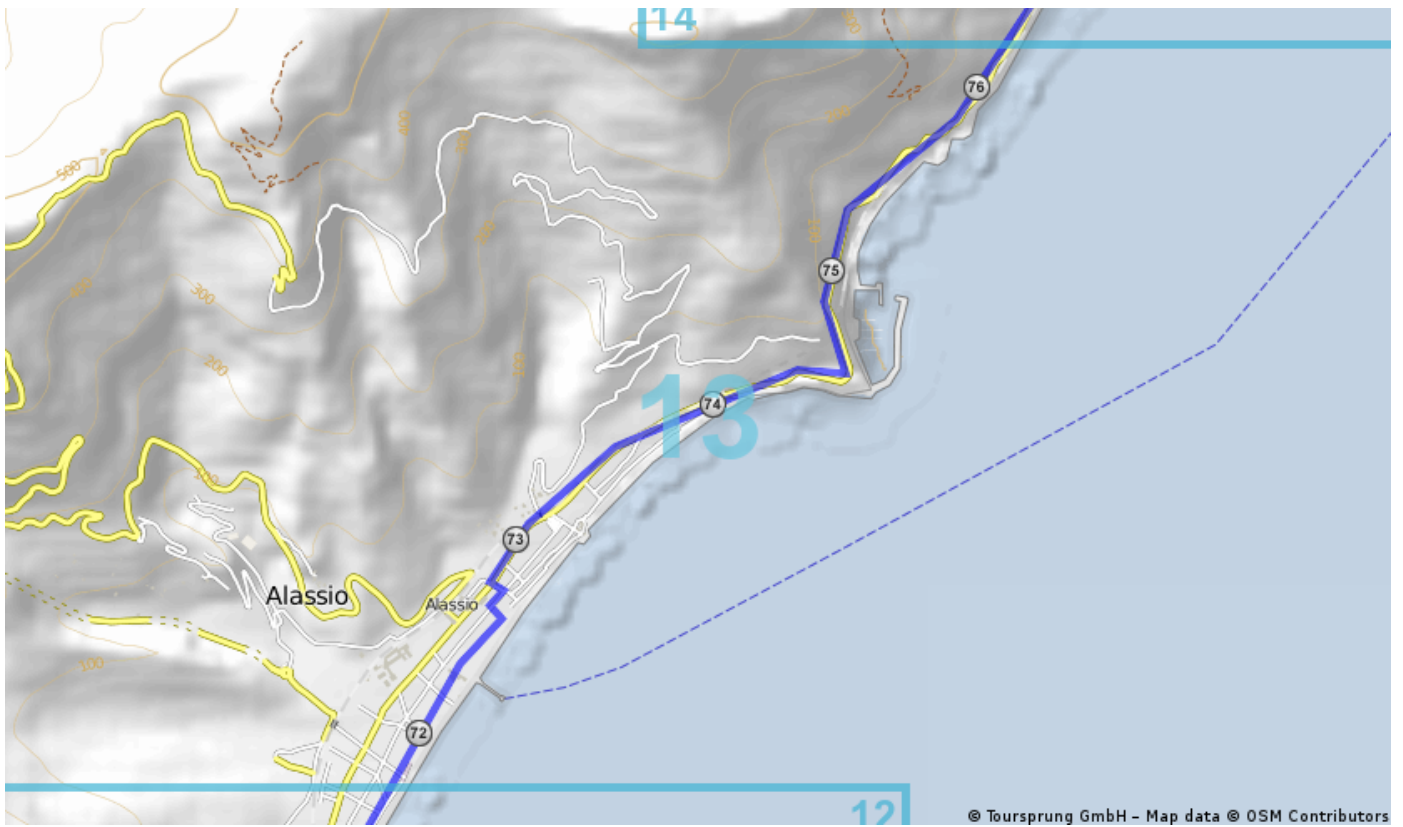


Map 9 / 52



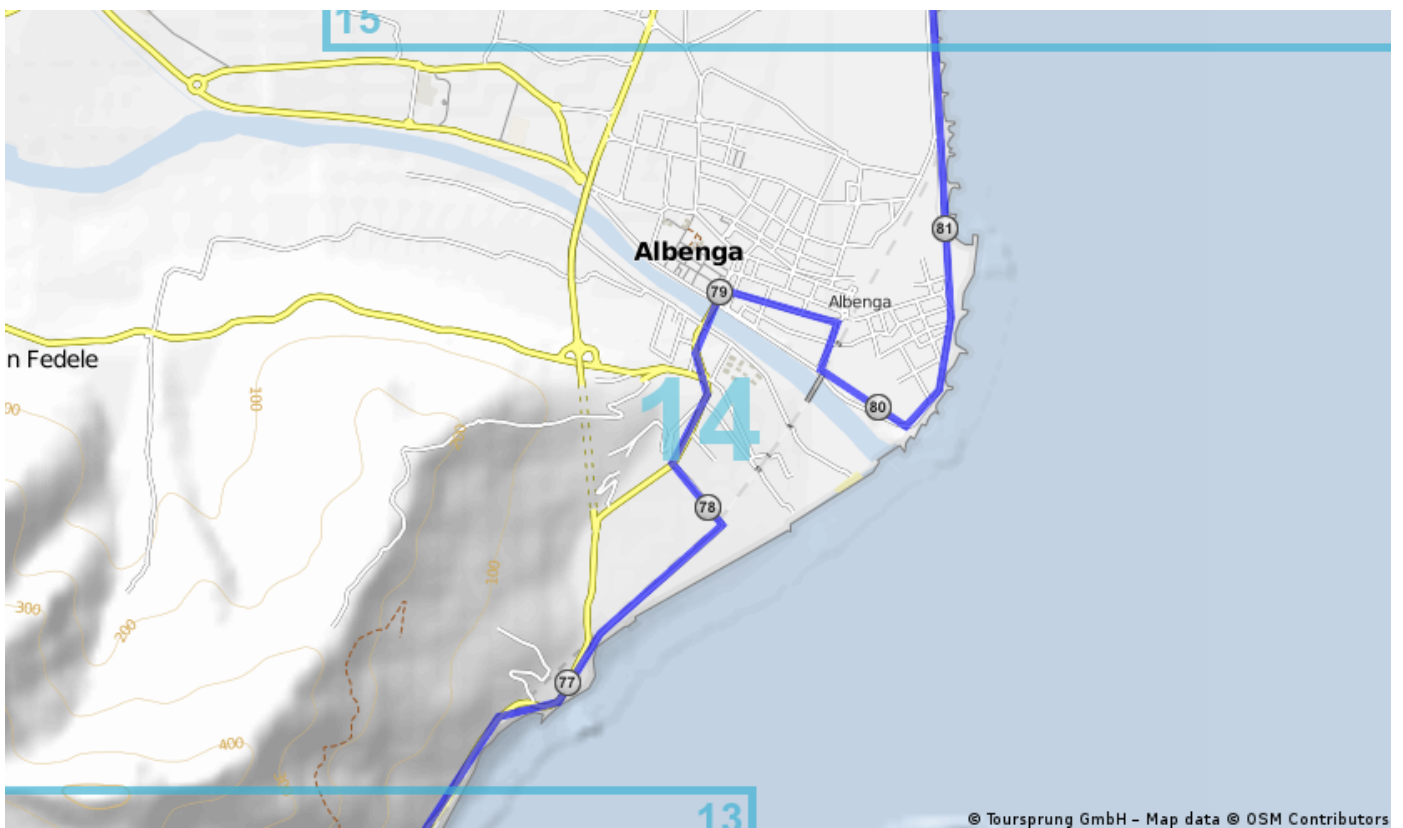
Map 10 / 52





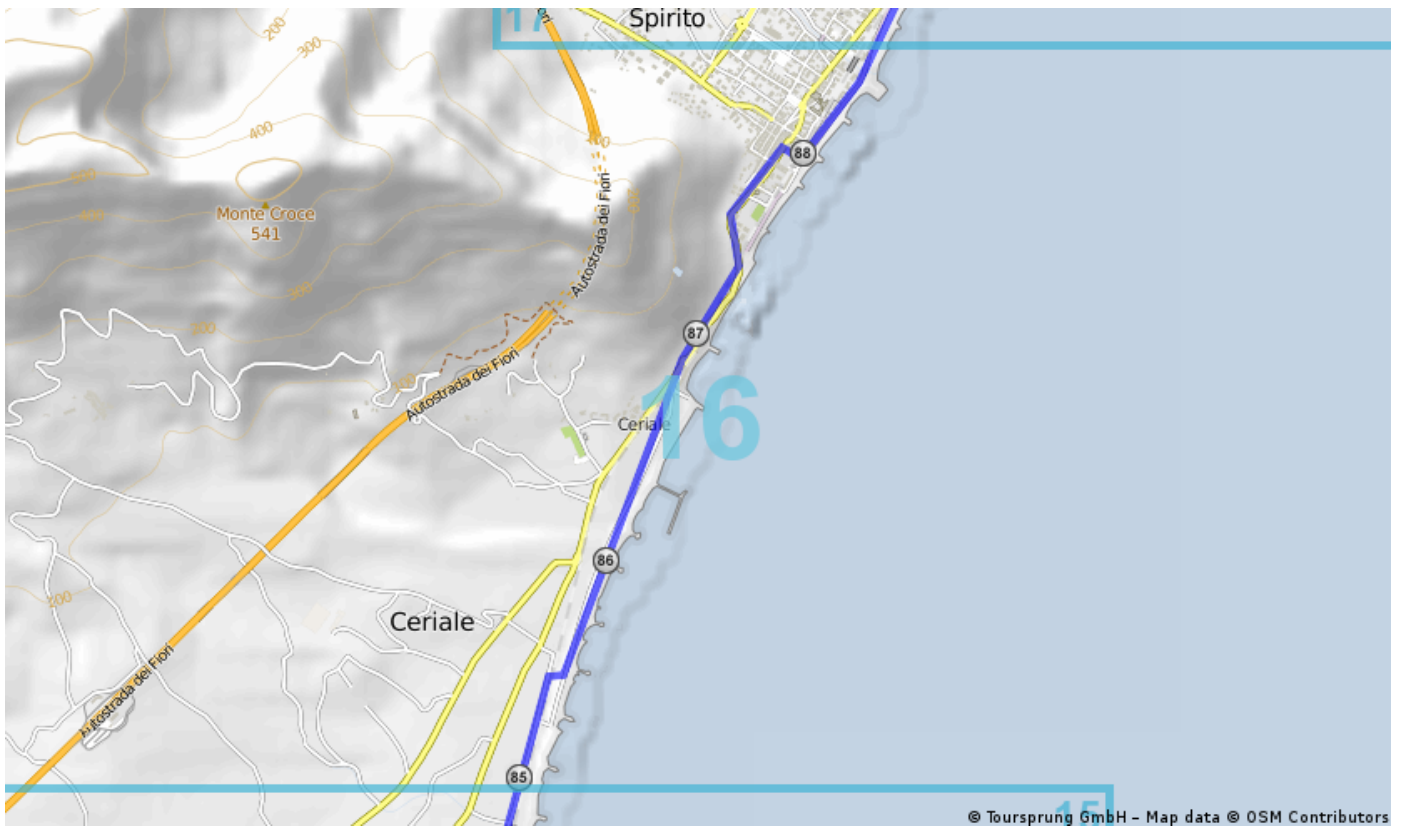
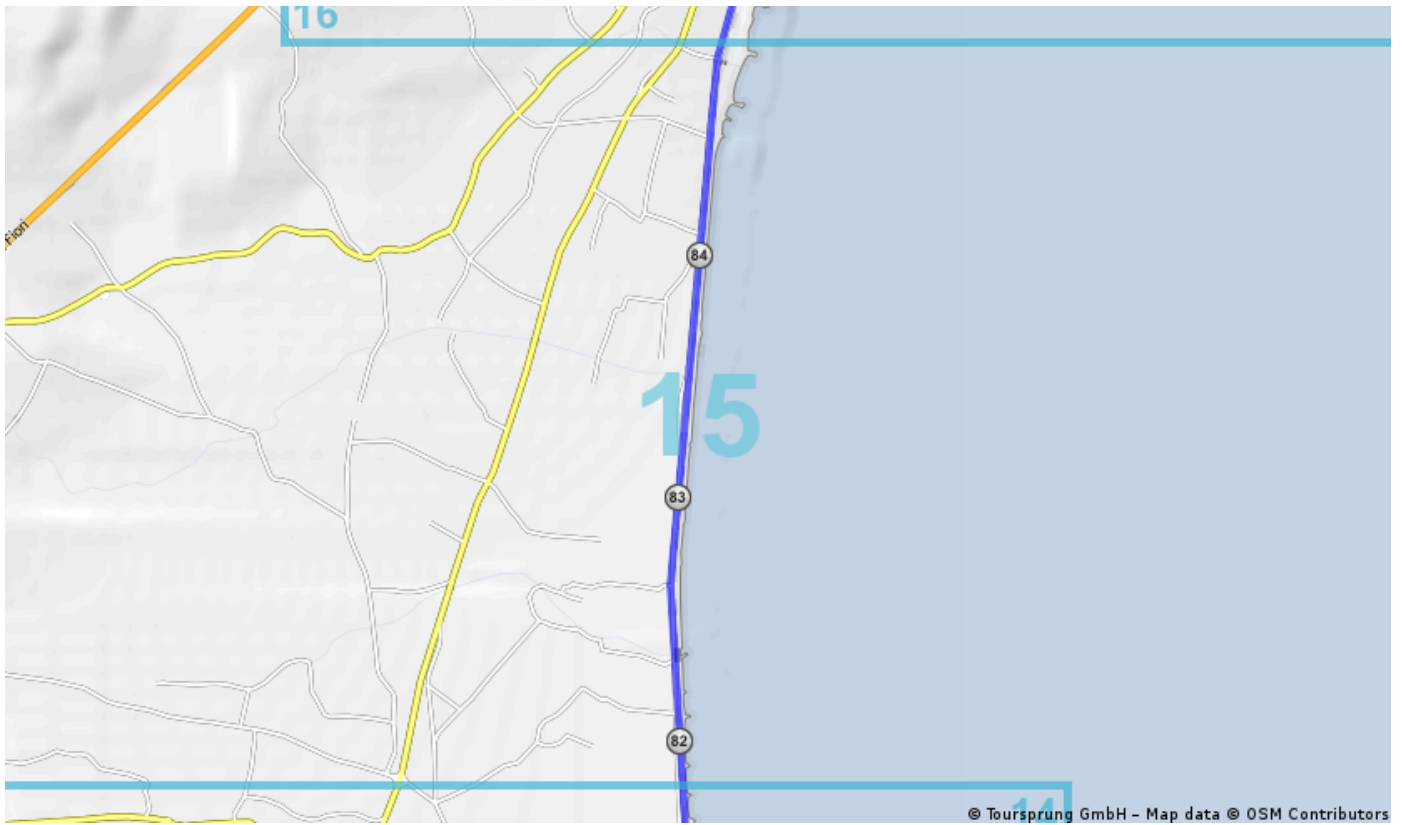
© Toursprung GmbH - Map data © OSM Contributors

Map 13 / 52



© Toursprung GmbH - Map data © OSM Contributors

Map 14 / 52

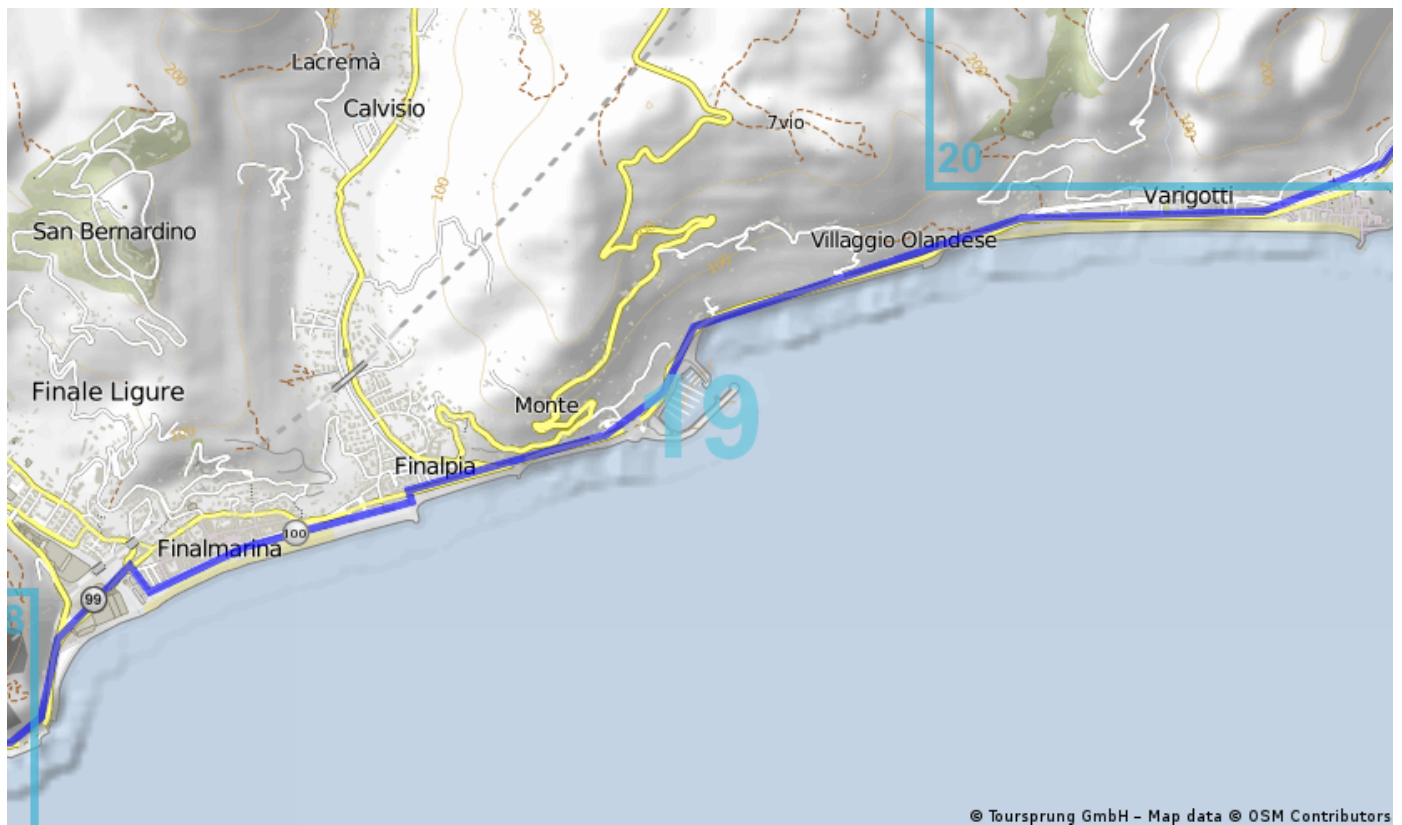




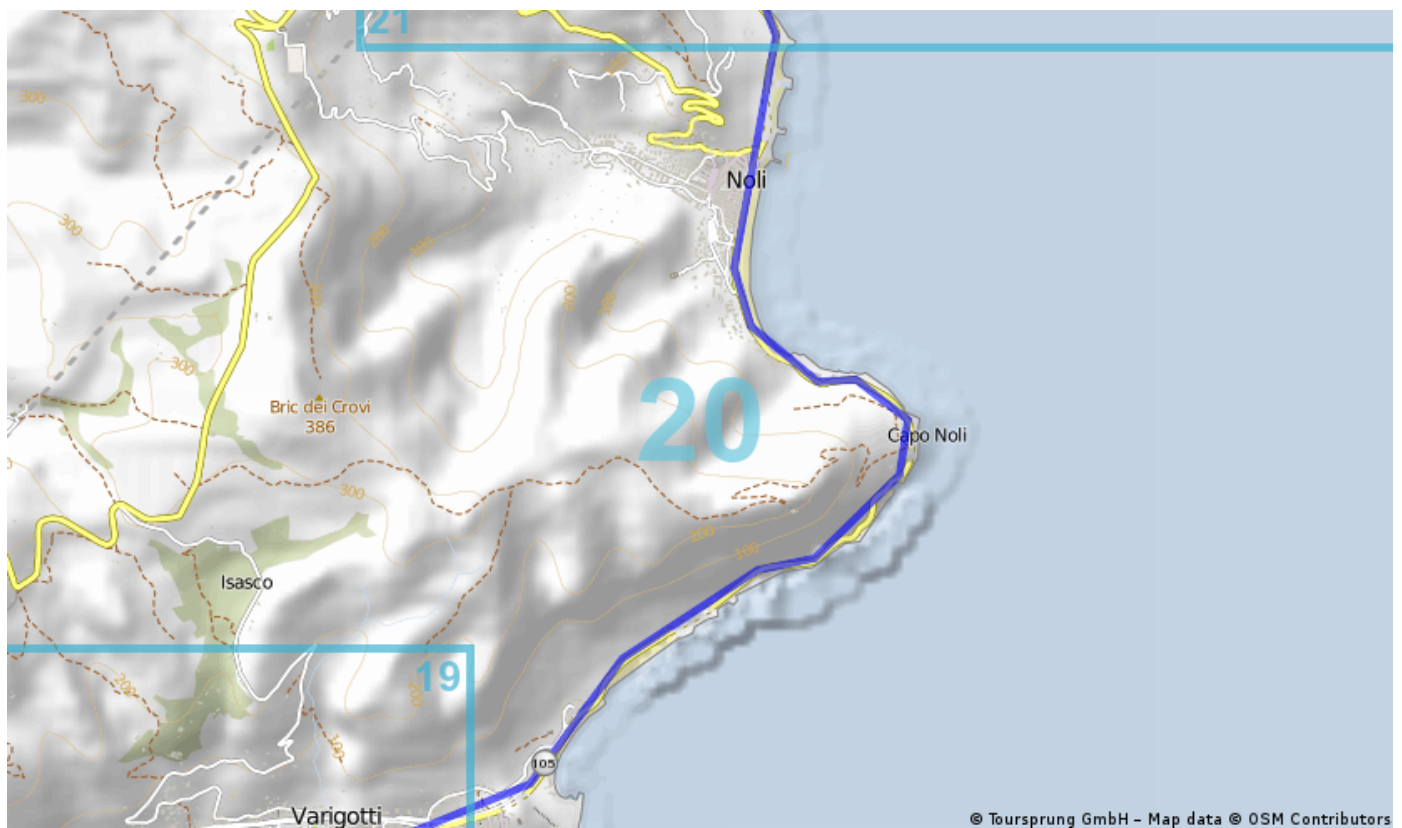
Map 17 / 52



Map 18 / 52



Map 19 / 52

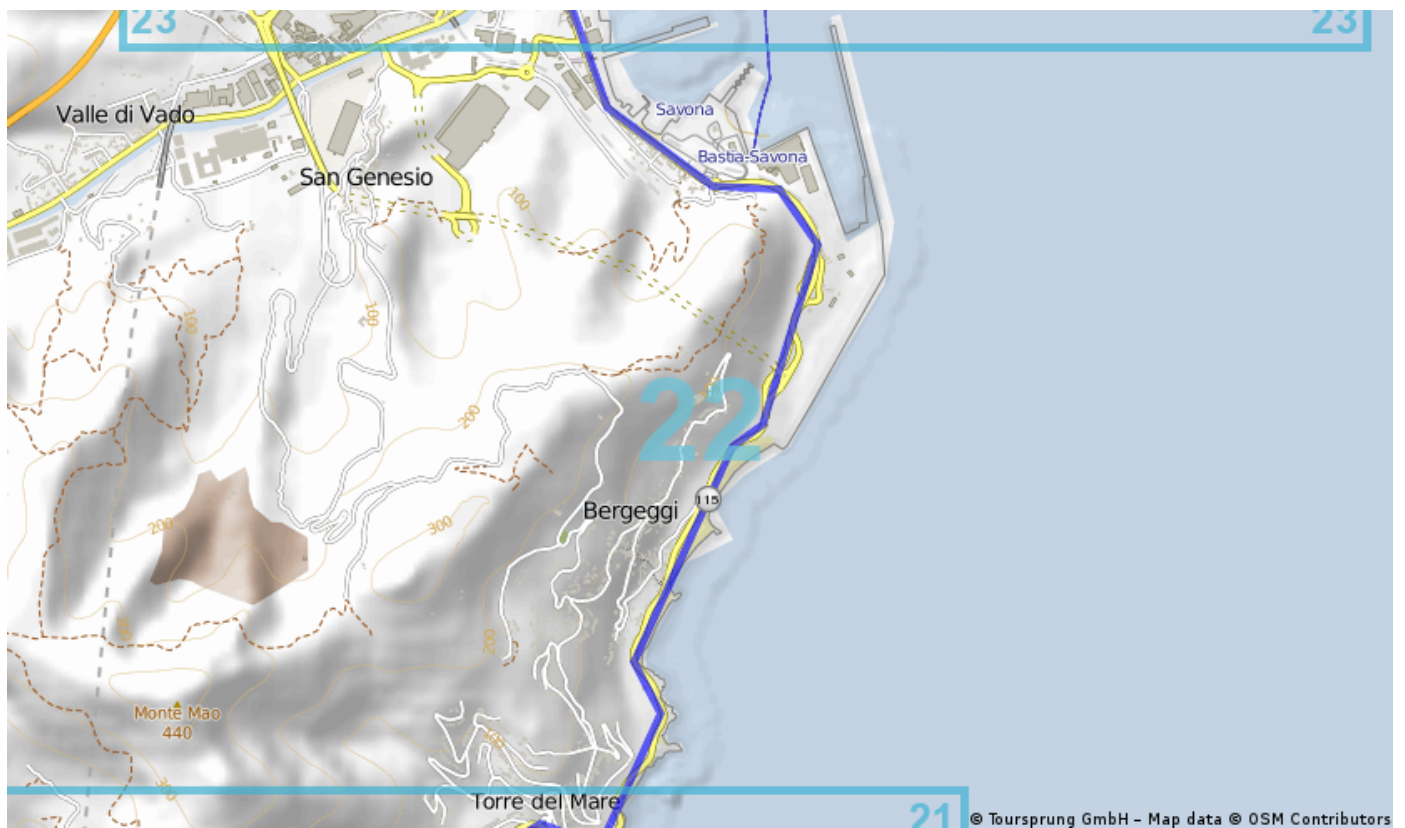


Map 20 / 52



© Toursprung GmbH - Map data © OSM Contributors

Map 21 / 52



© Toursprung GmbH - Map data © OSM Contributors

Map 22 / 52



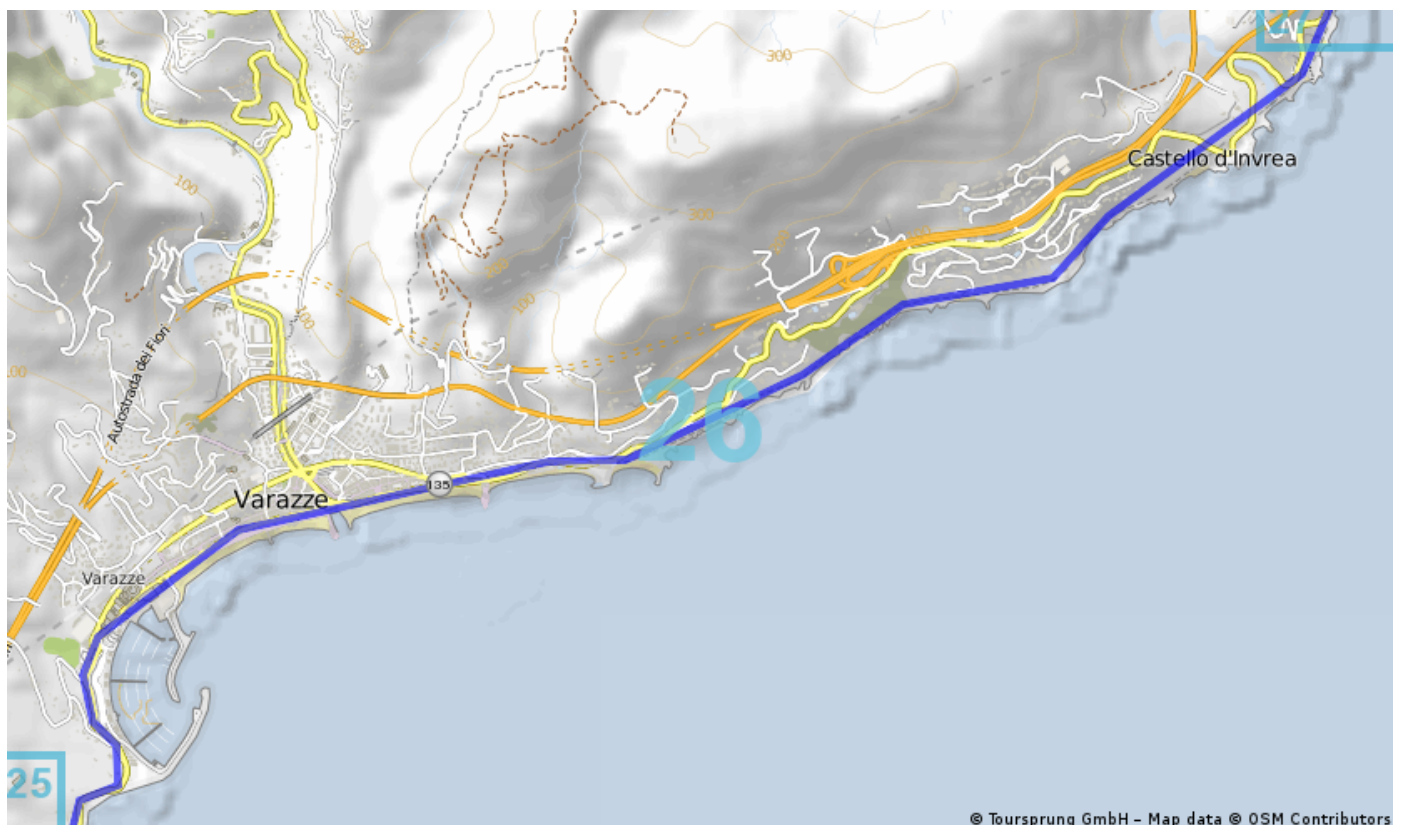
Map 23 / 52



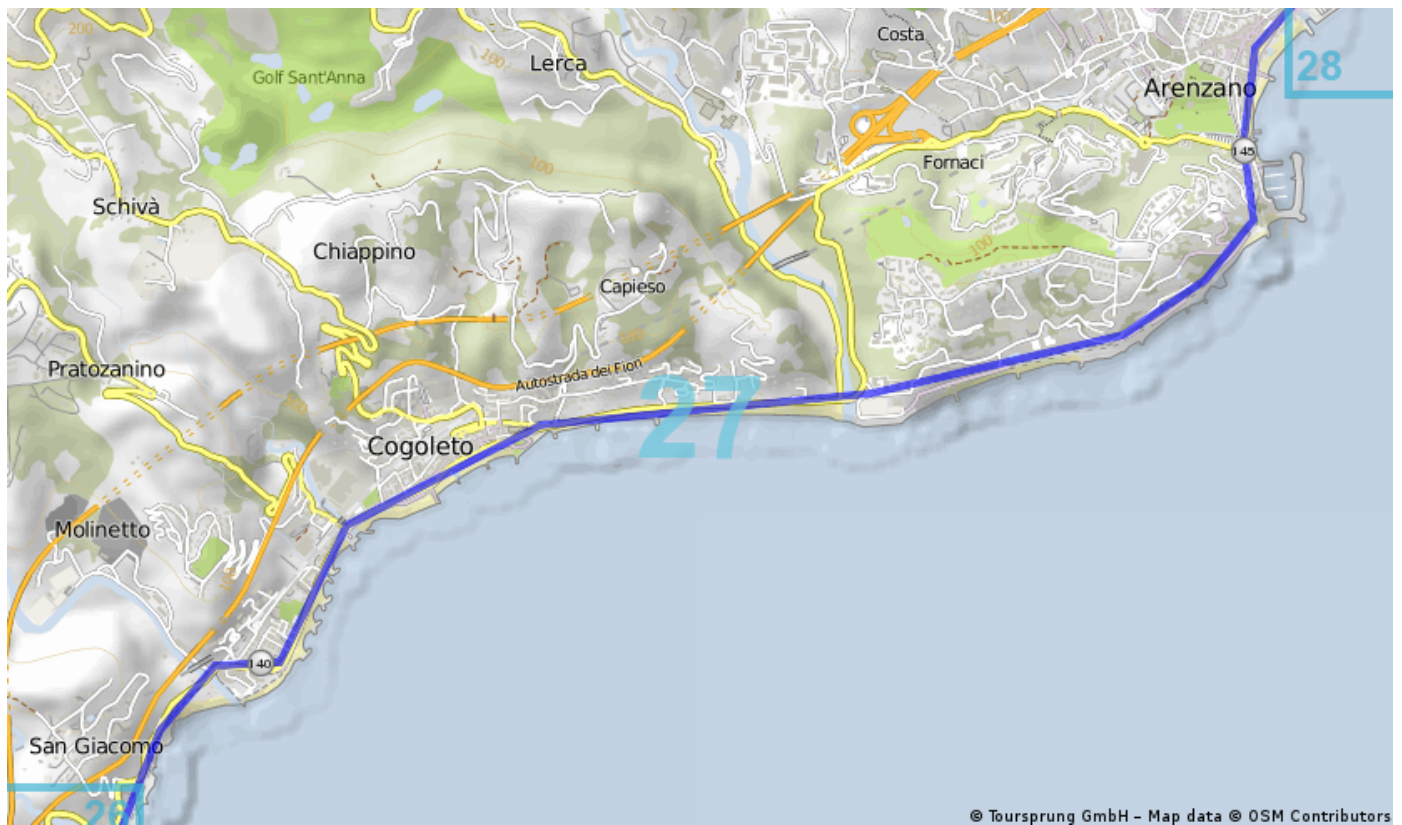
Map 24 / 52



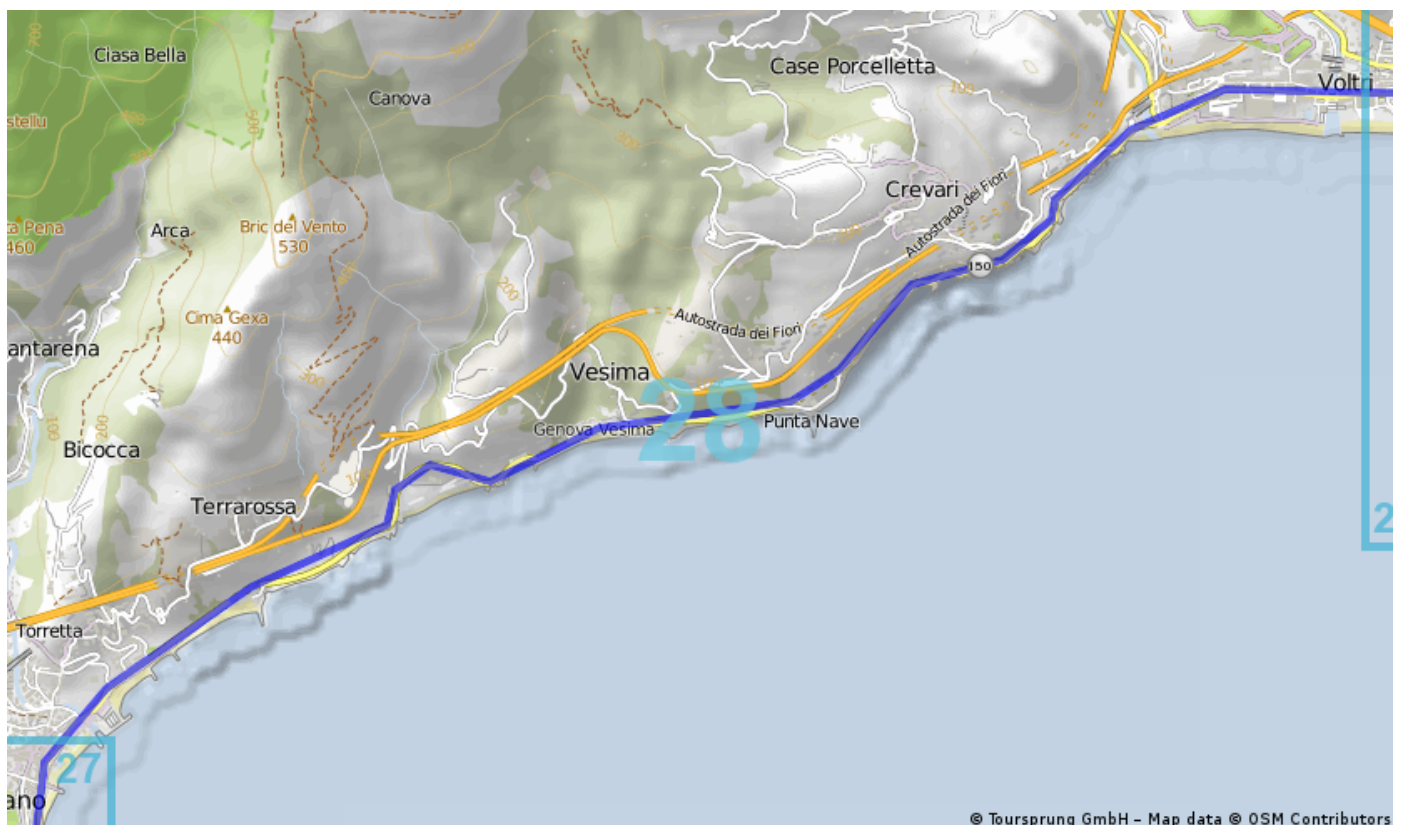
Map 25 / 52



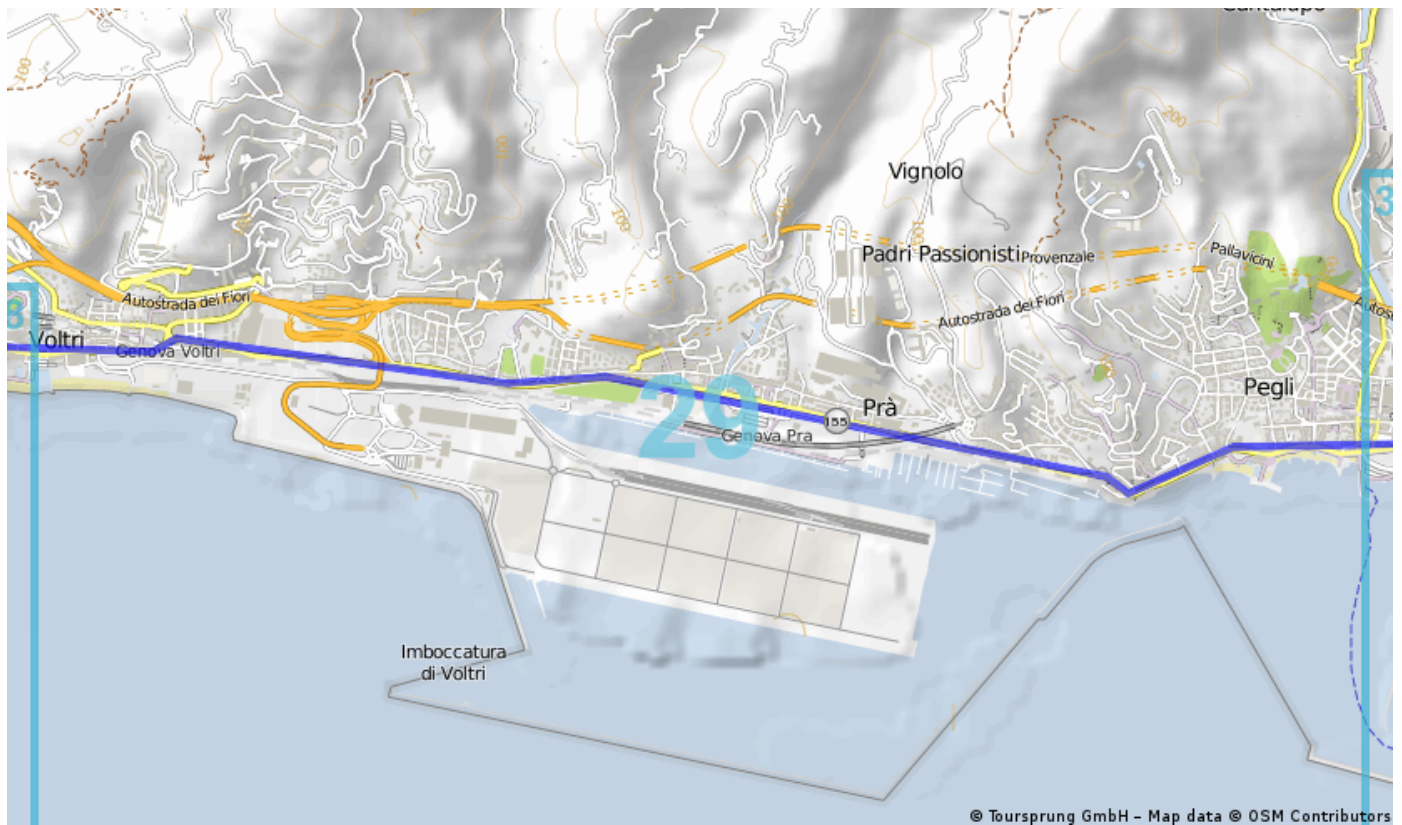
Map 26 / 52



Map 27 / 52



Map 28 / 52



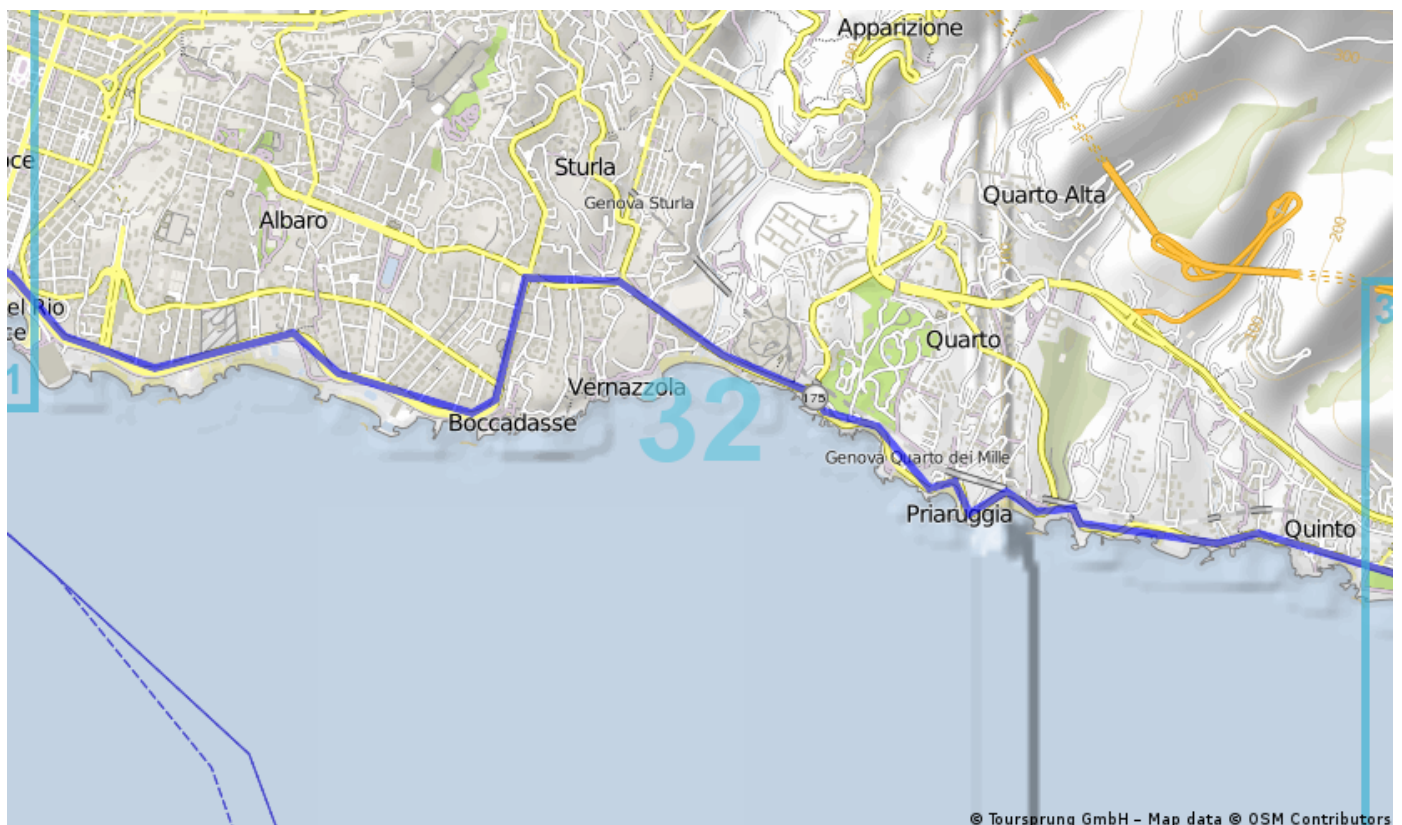
Map 29 / 52



Map 30 / 52



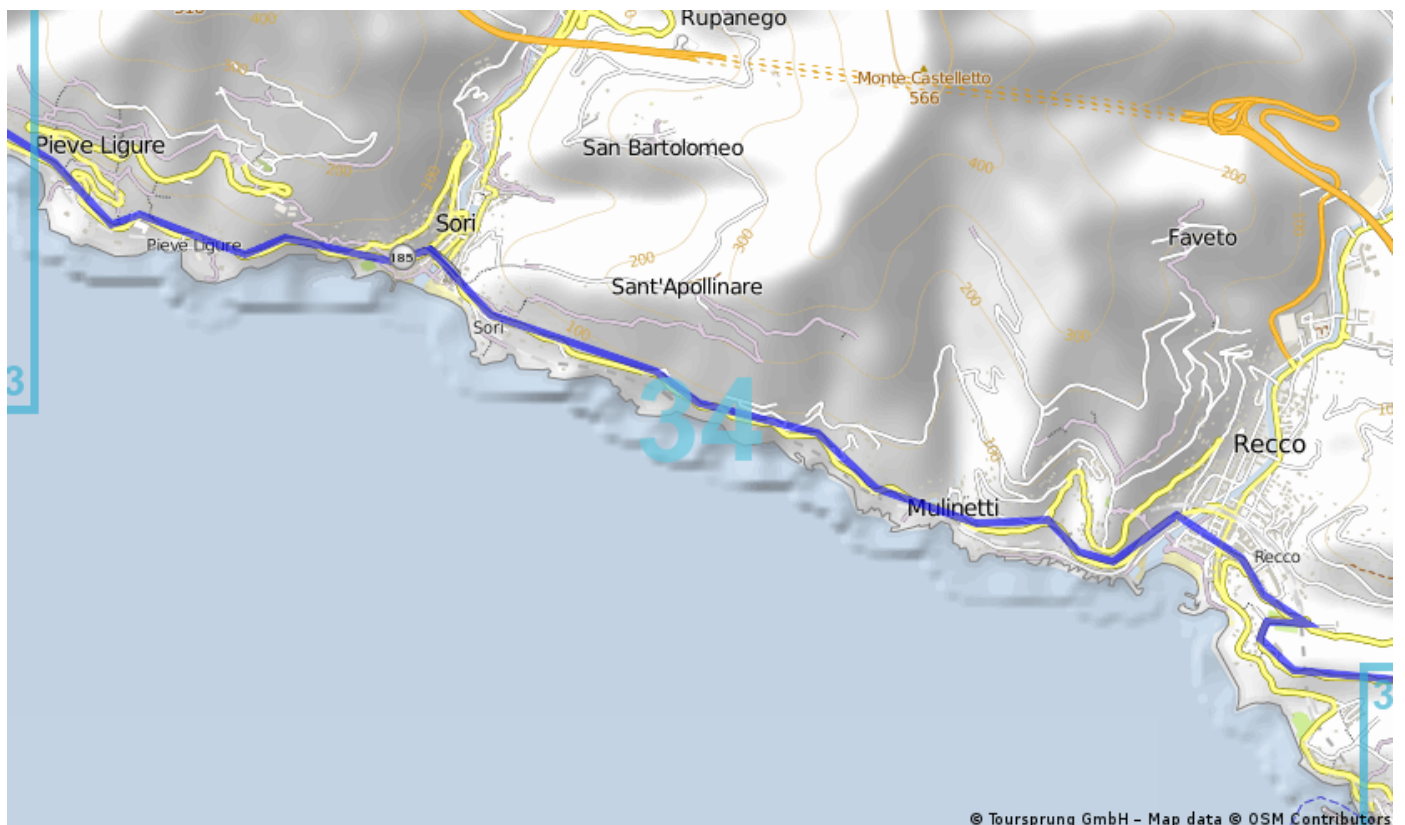
Map 31 / 52



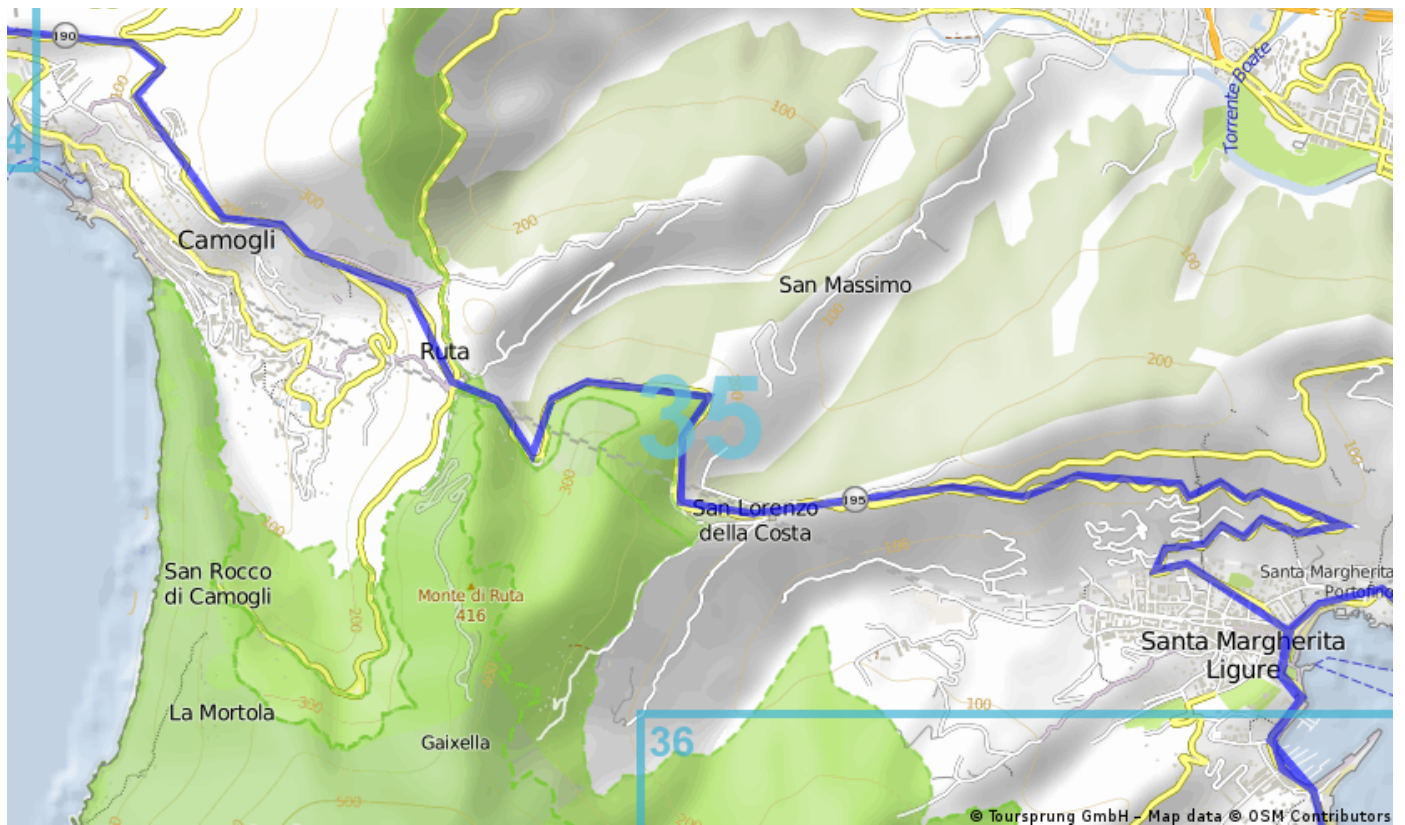
Map 32 / 52



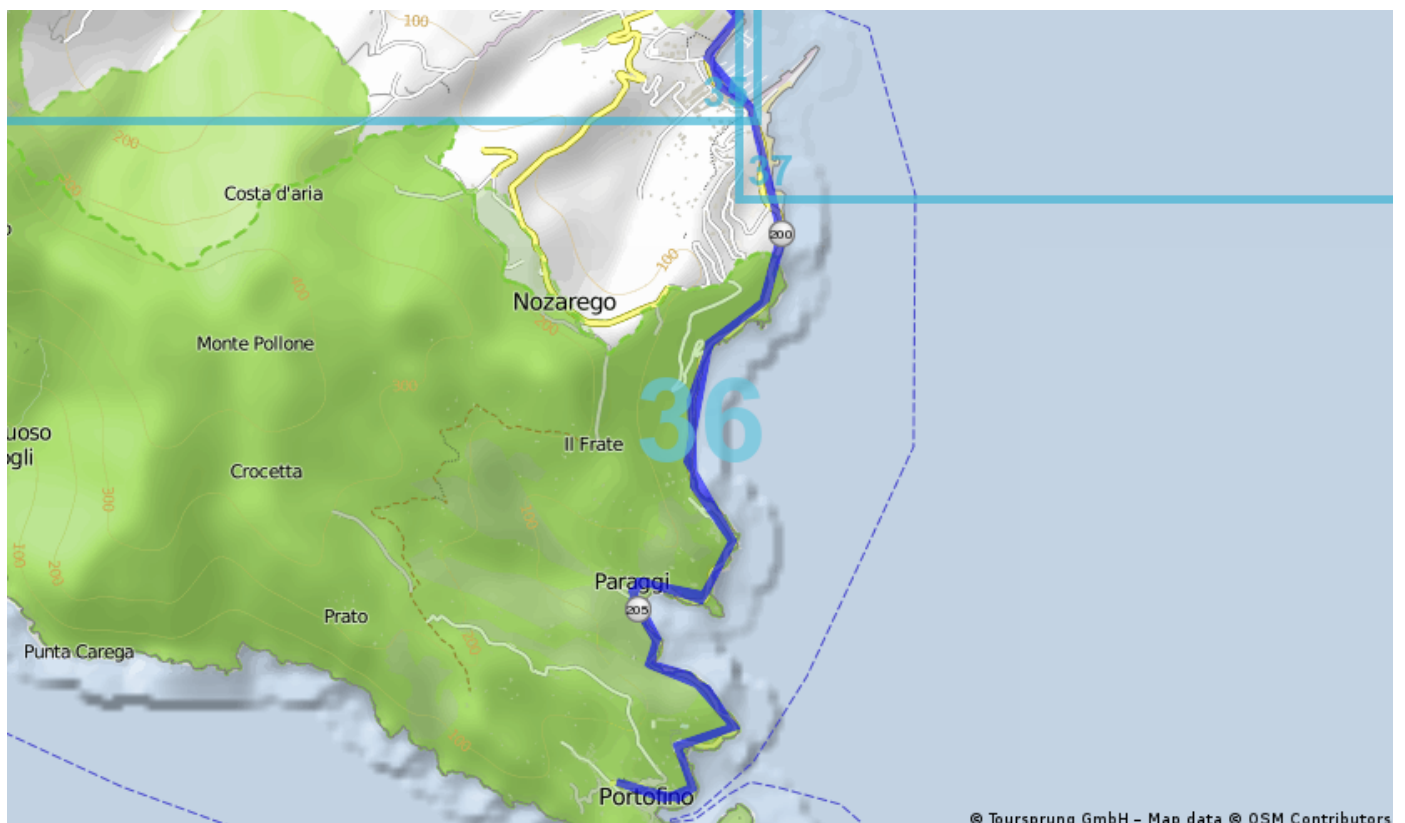
Map 33 / 52



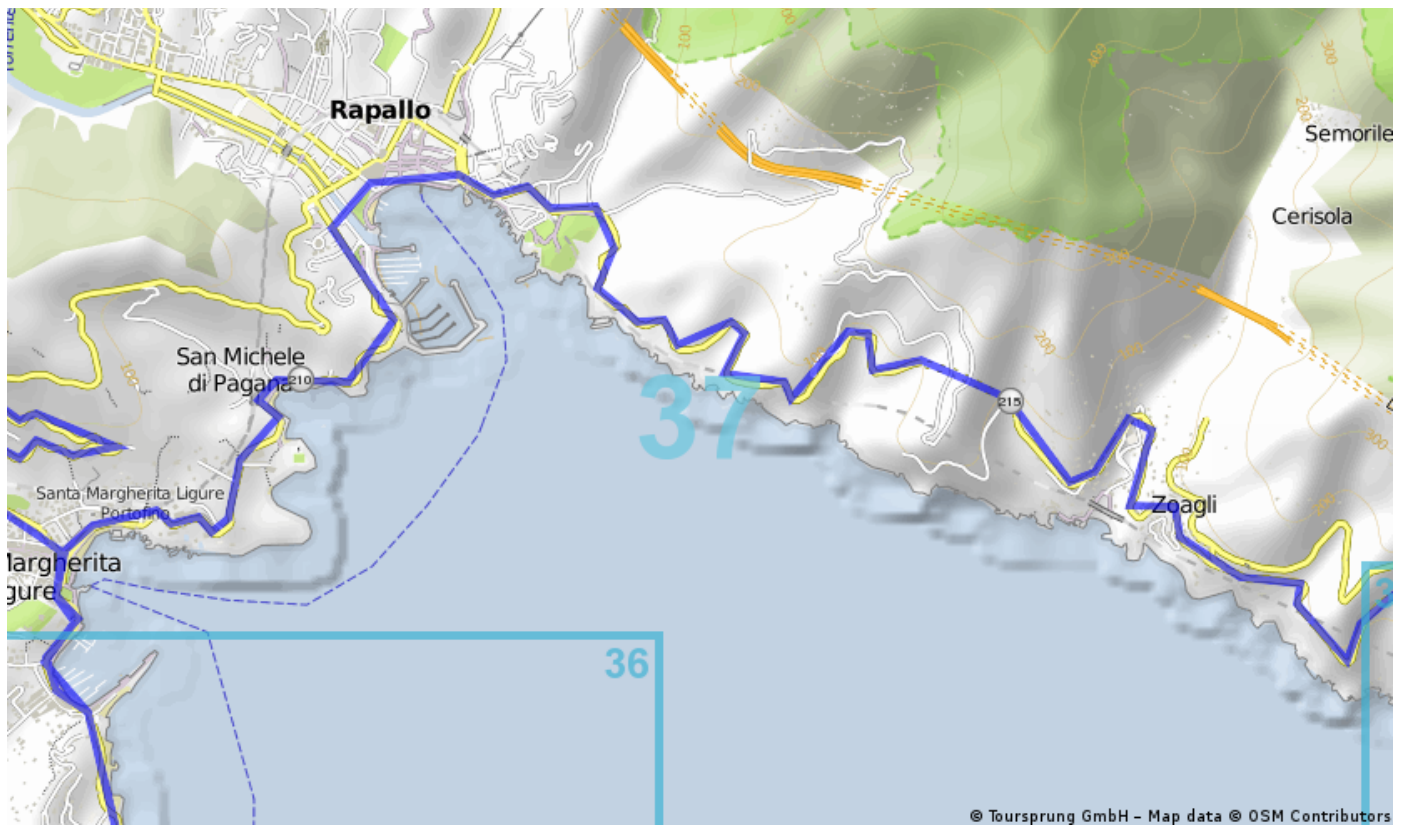
Map 34 / 52



Map 35 / 52



Map 36 / 52



Map 37 / 52



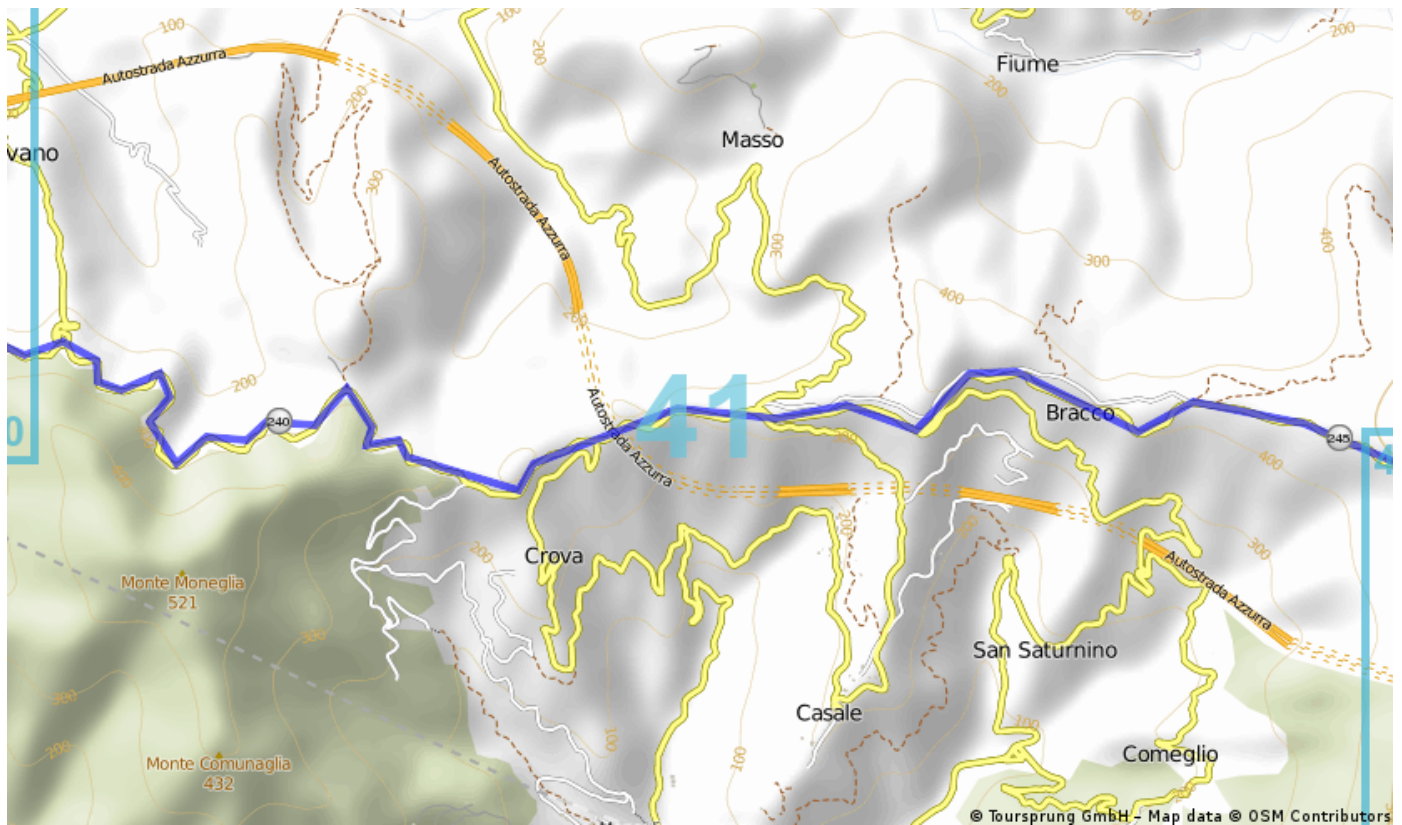
Map 38 / 52



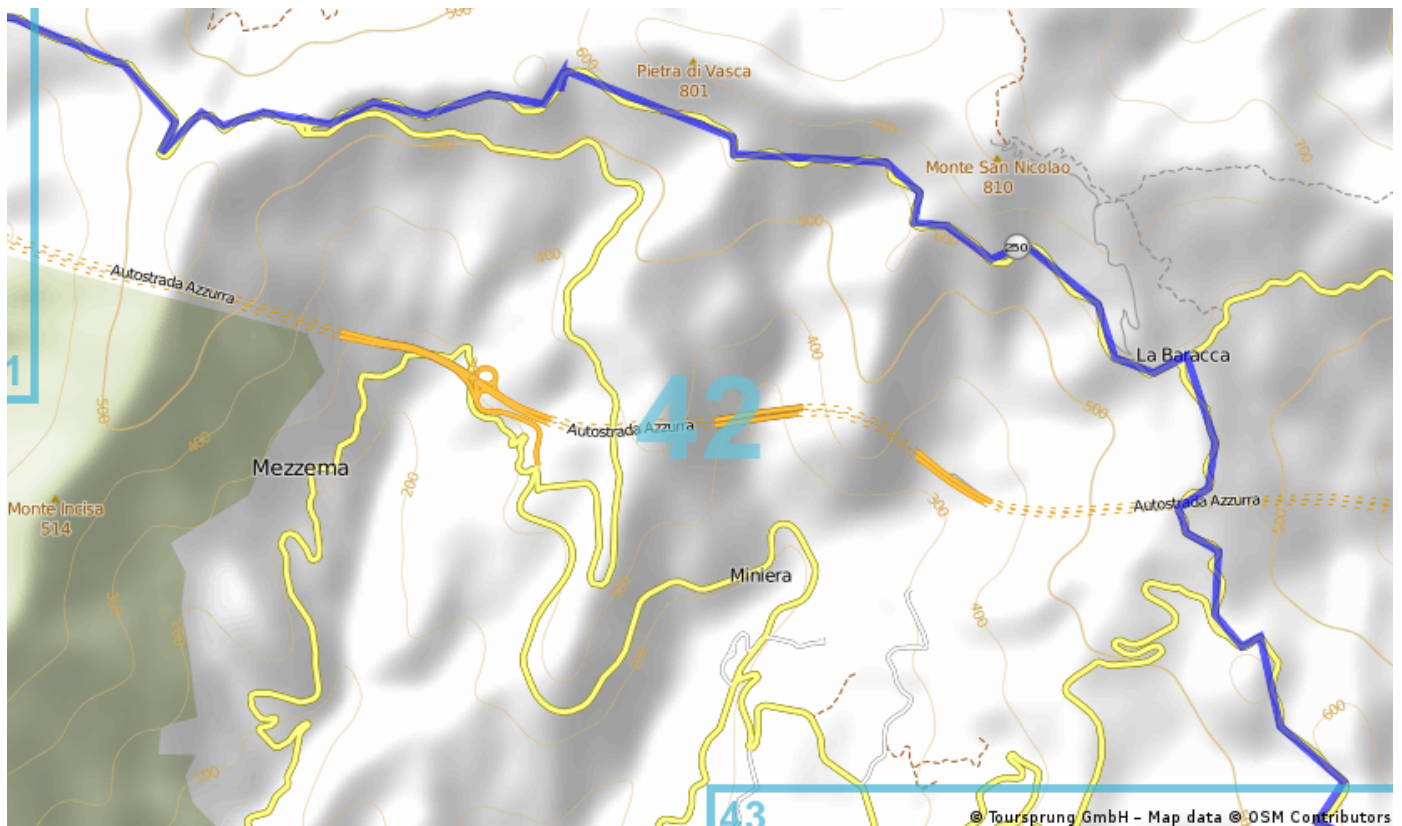
Map 39 / 52



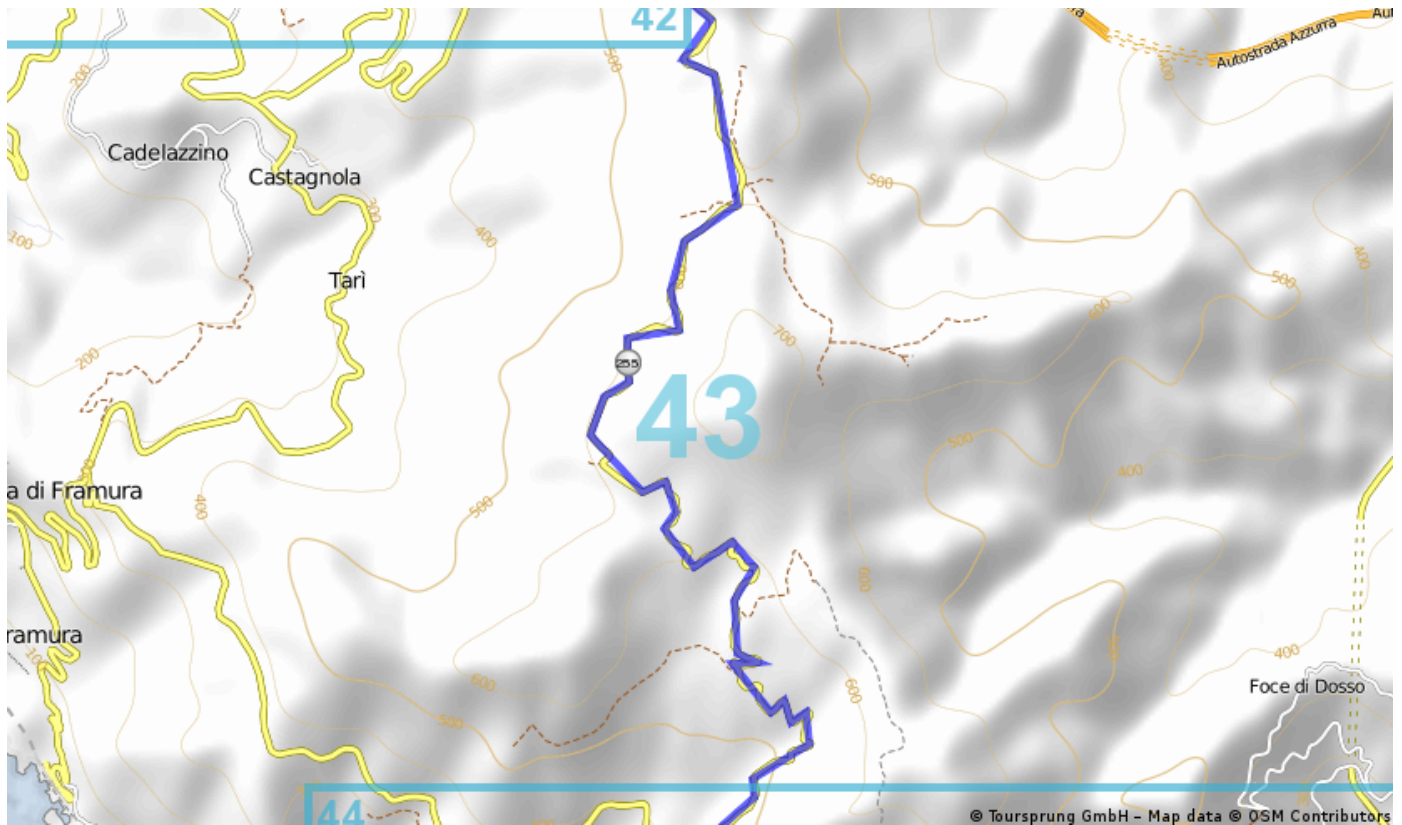
Map 40 / 52



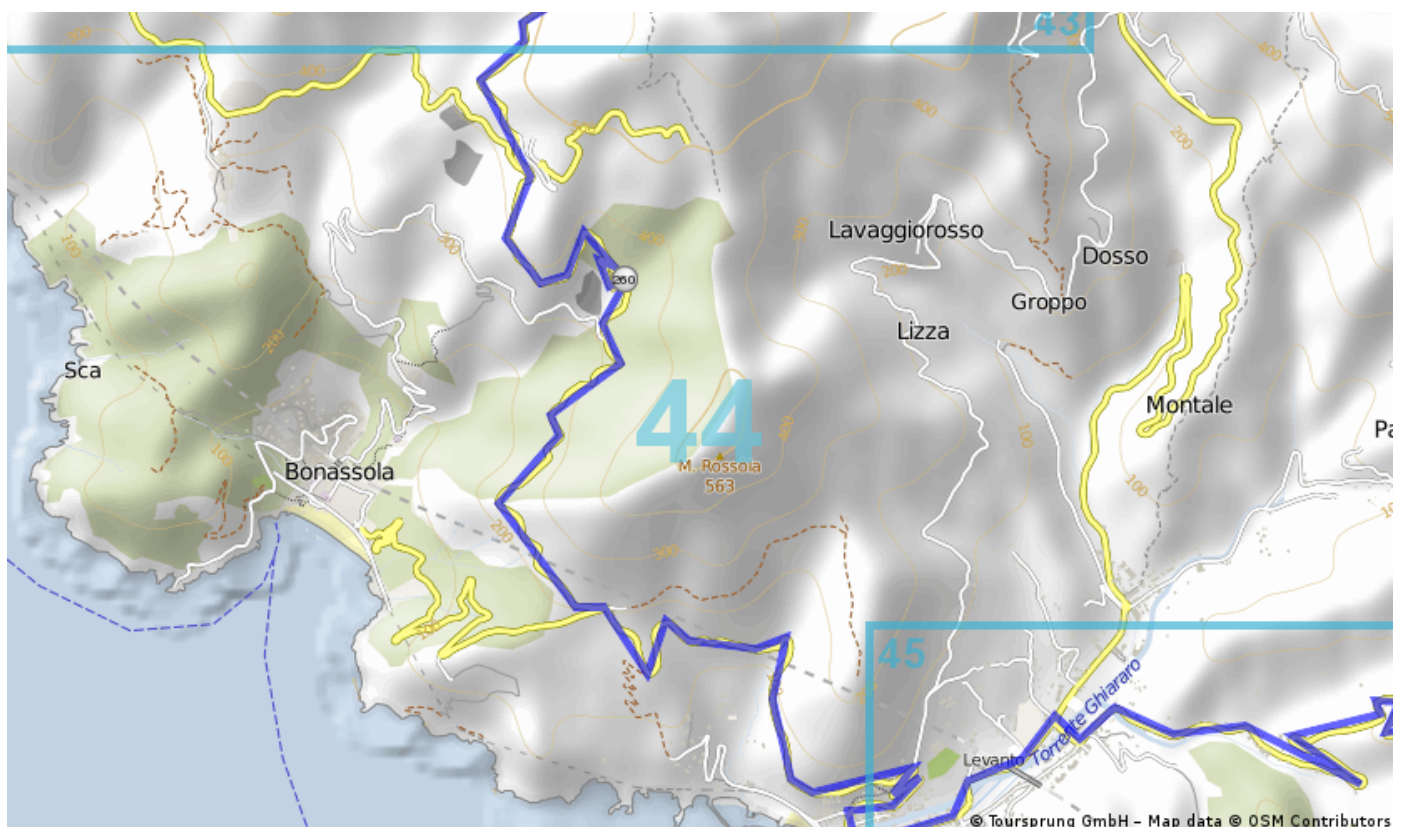
Map 41 / 52



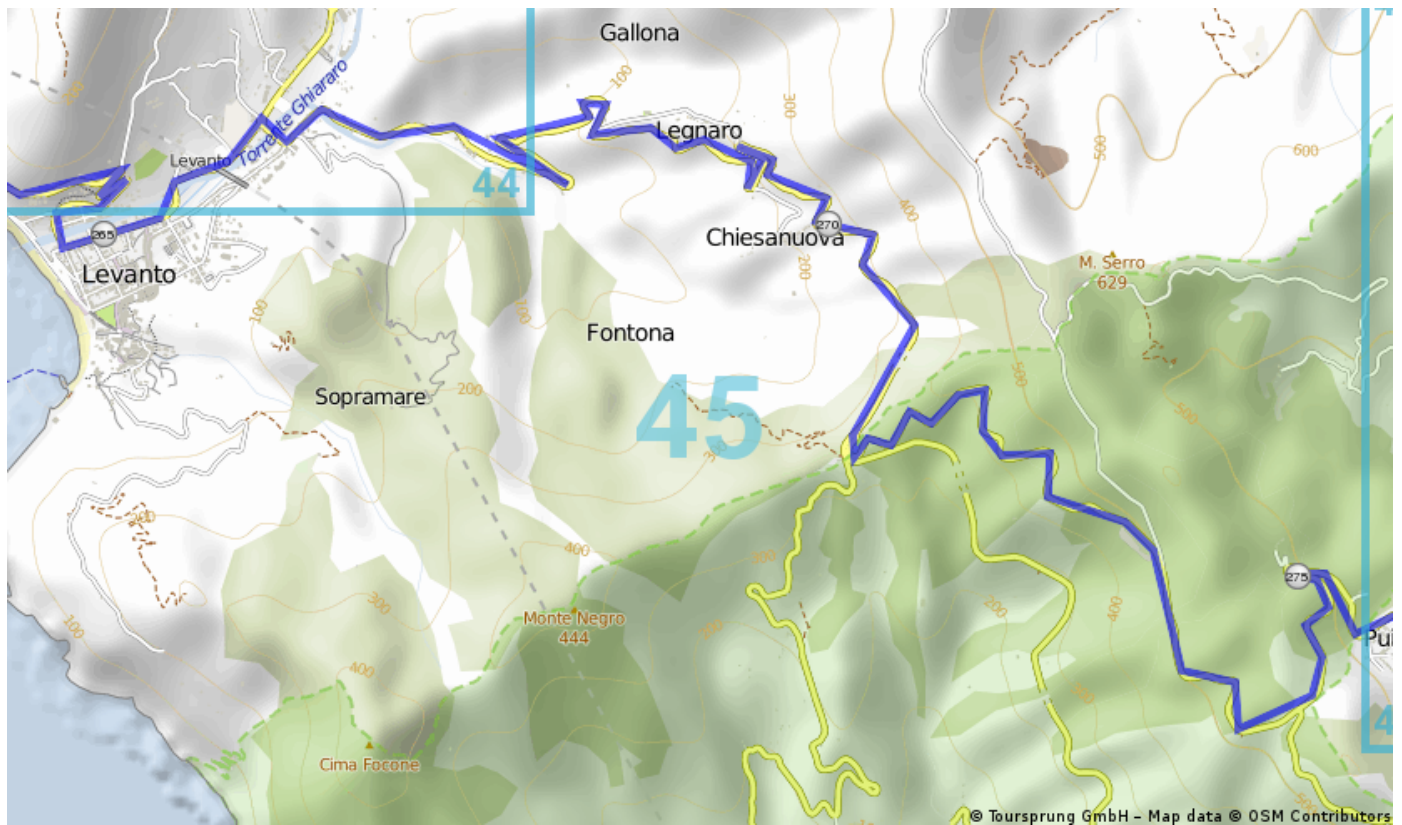
Map 42 / 52



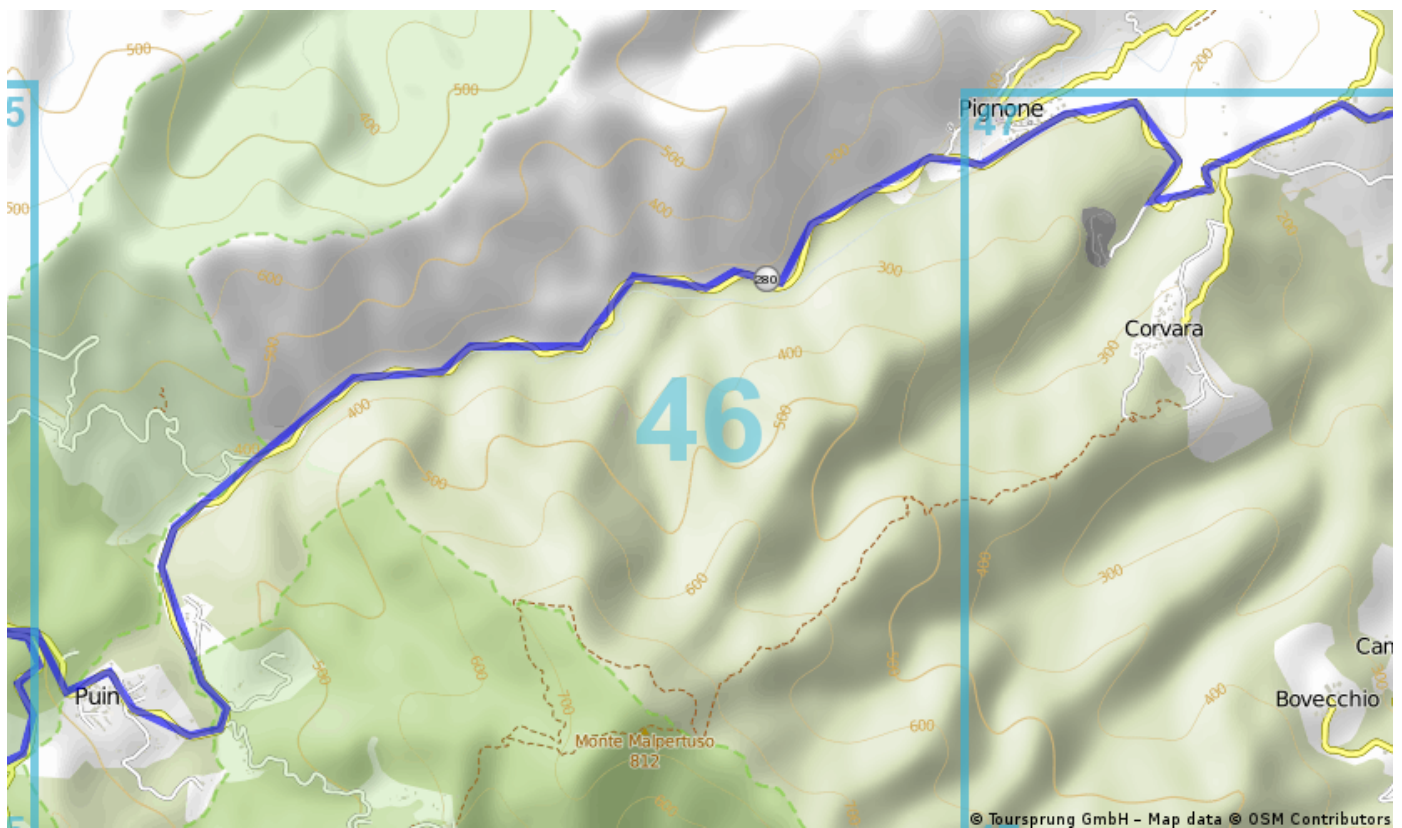
Map 43 / 52



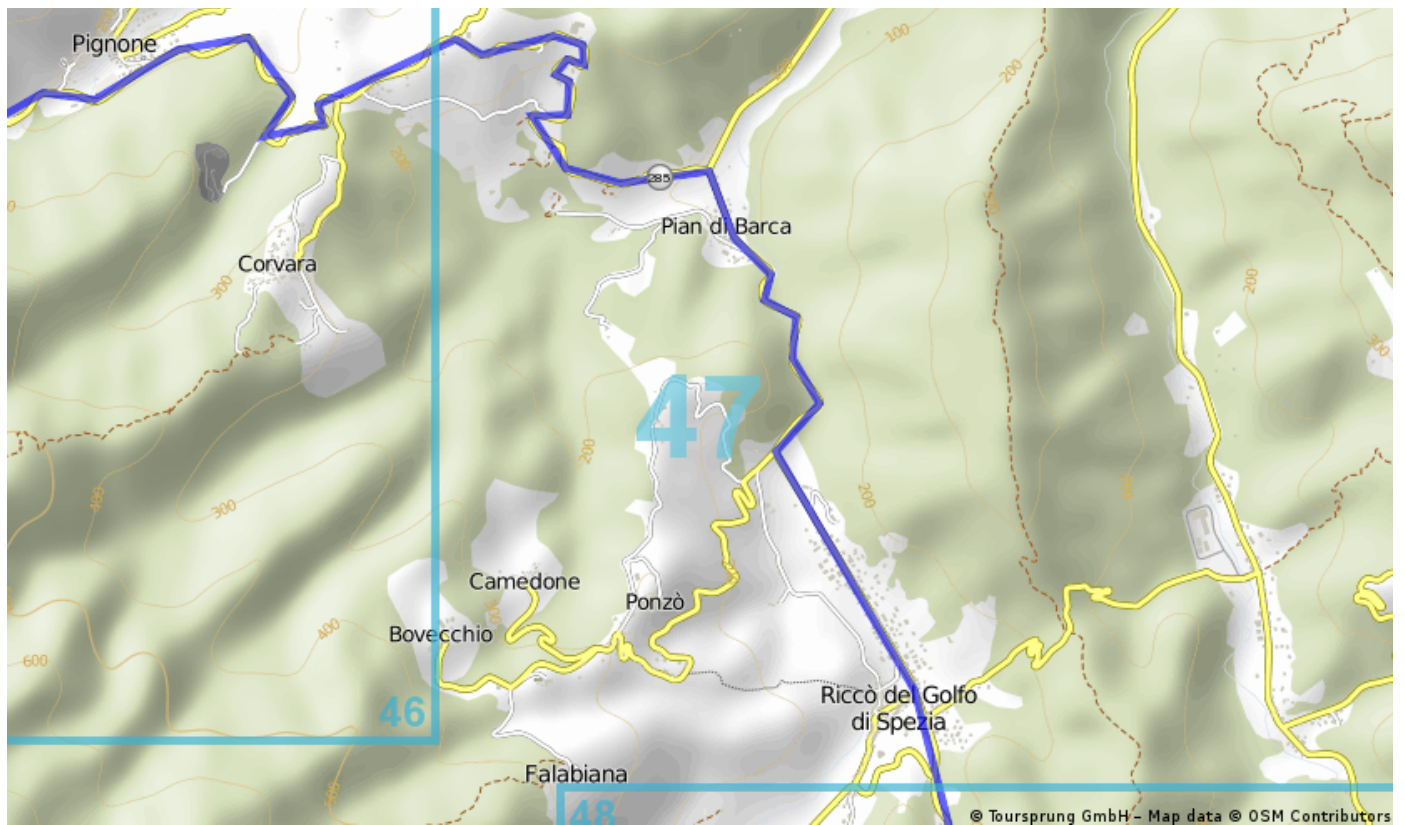
Map 44 / 52



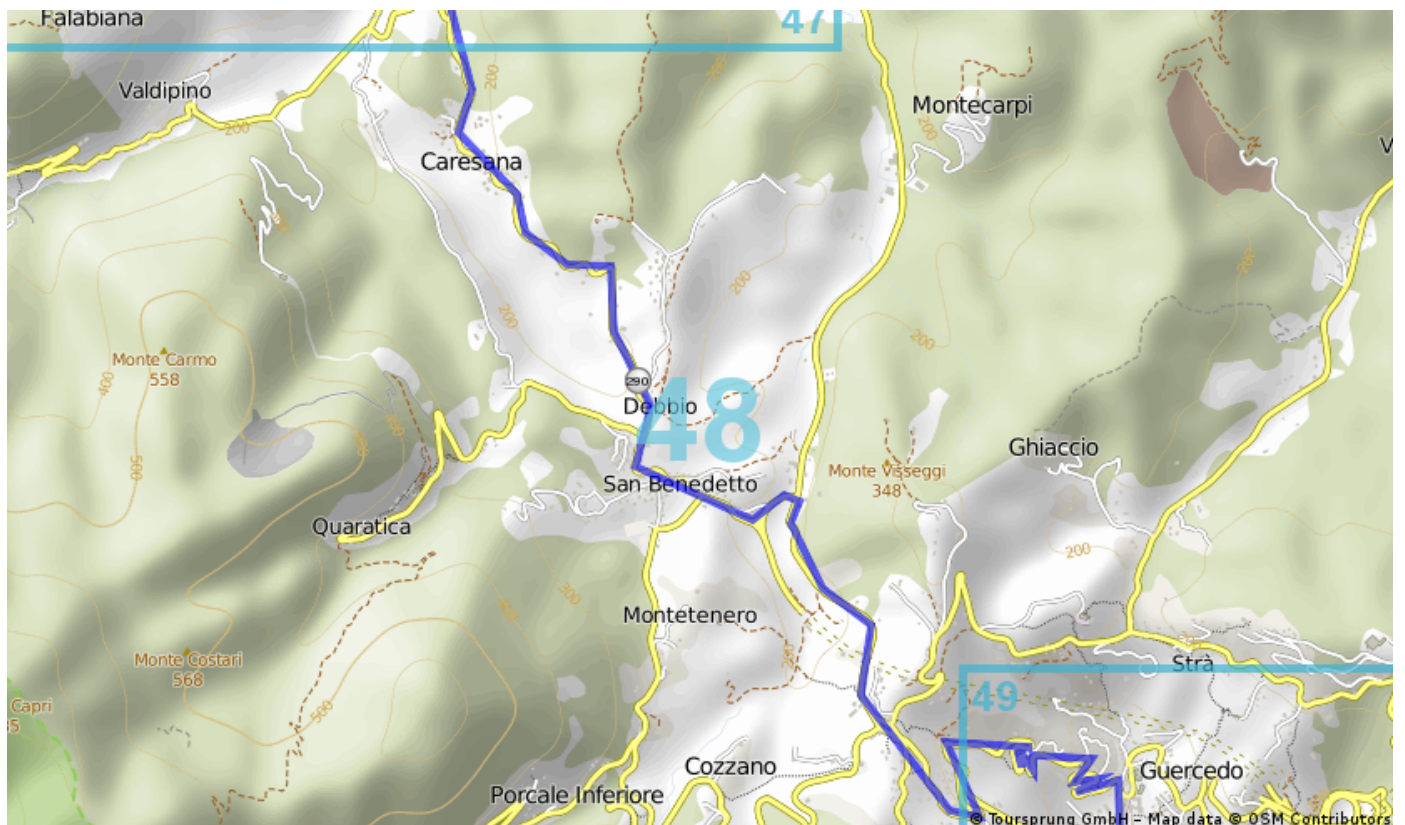
Map 45 / 52



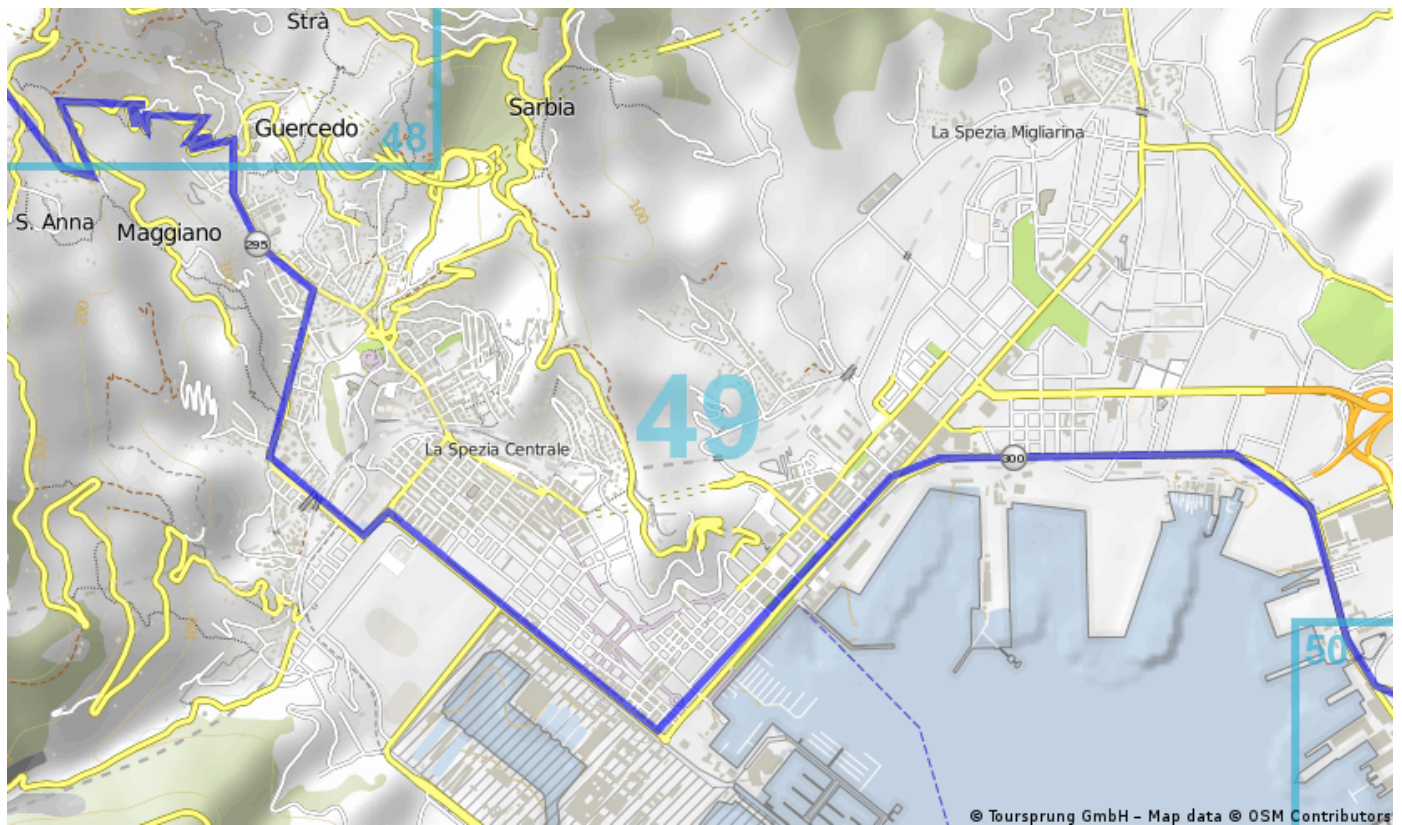
Map 46 / 52



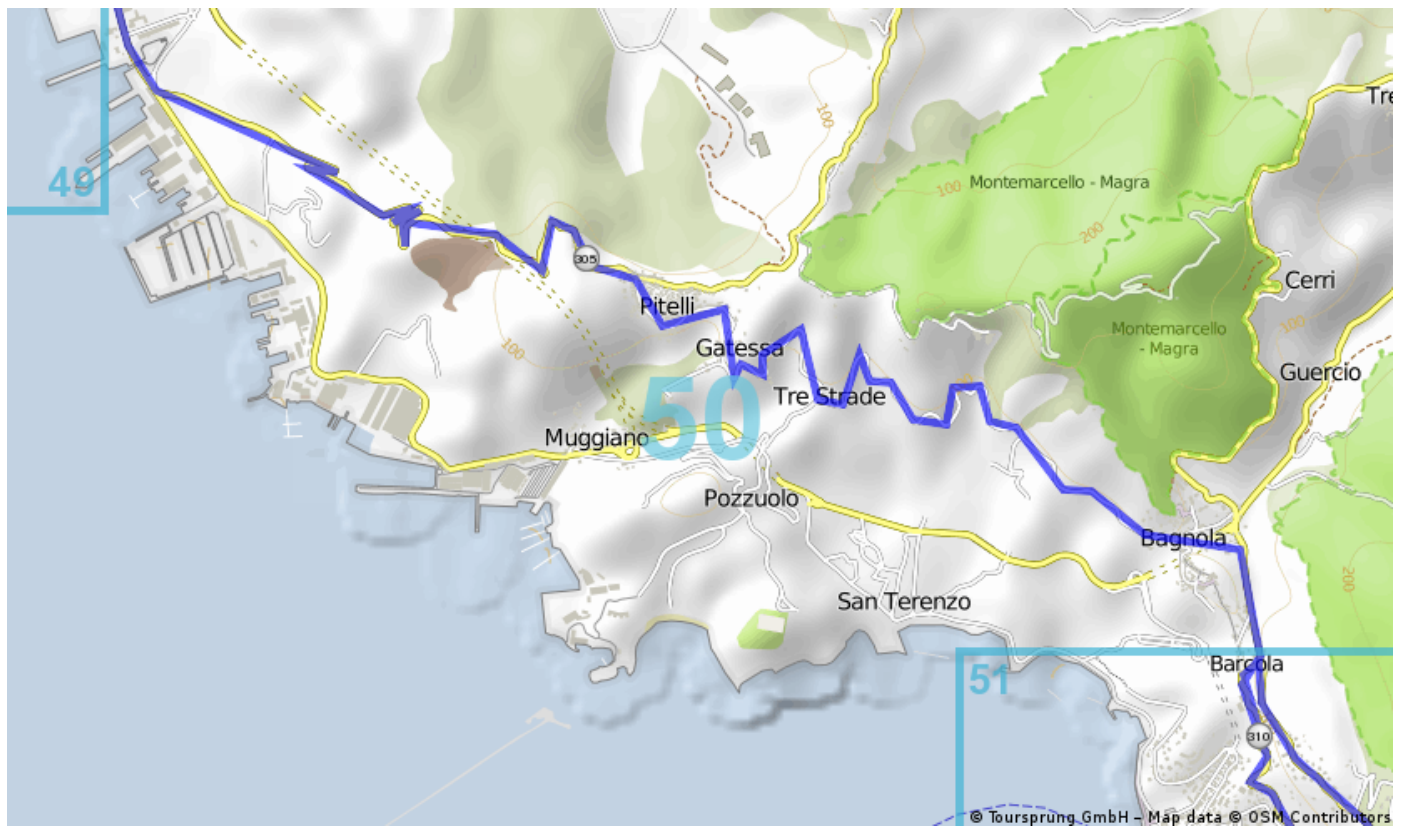
Map 47 / 52



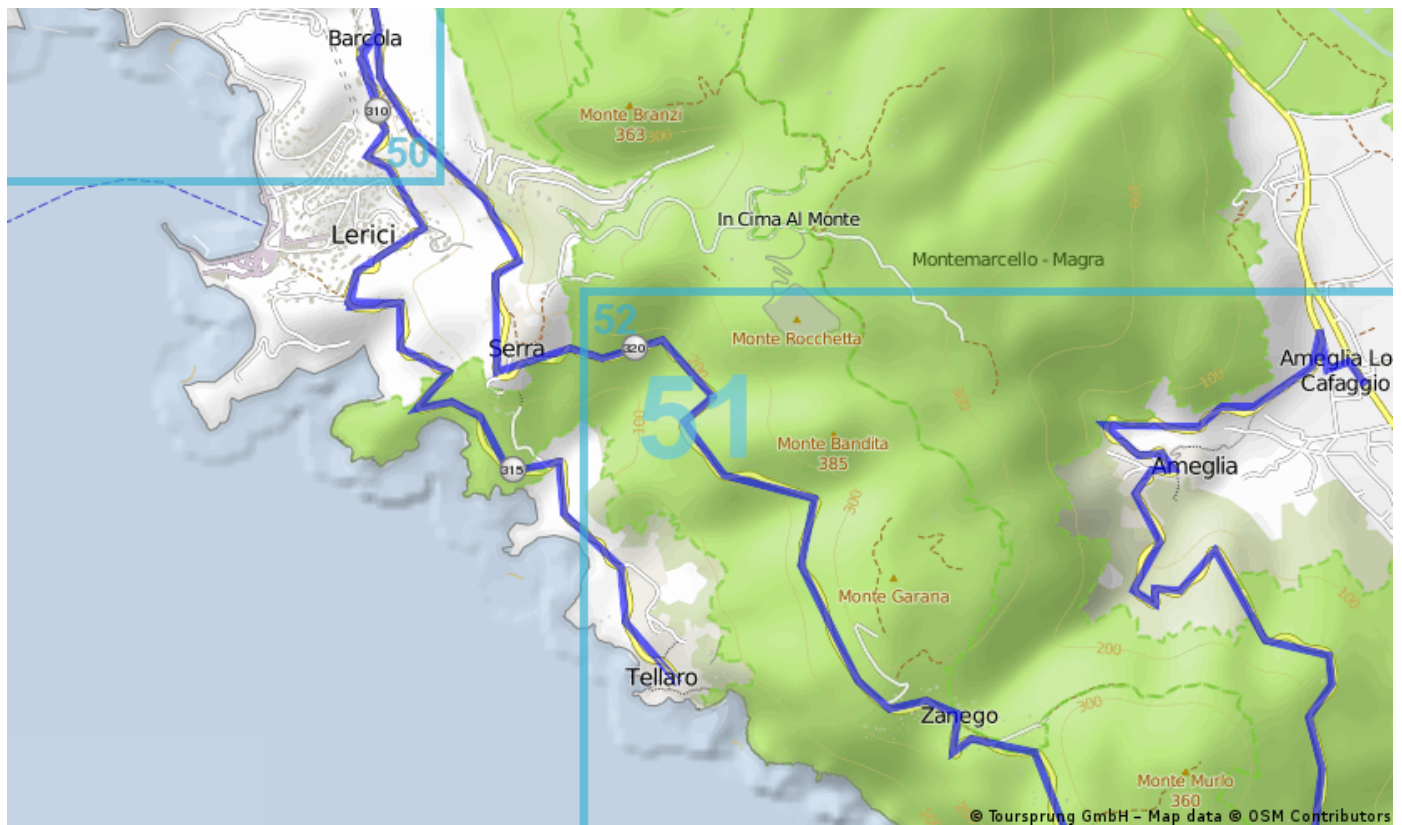
Map 48 / 52



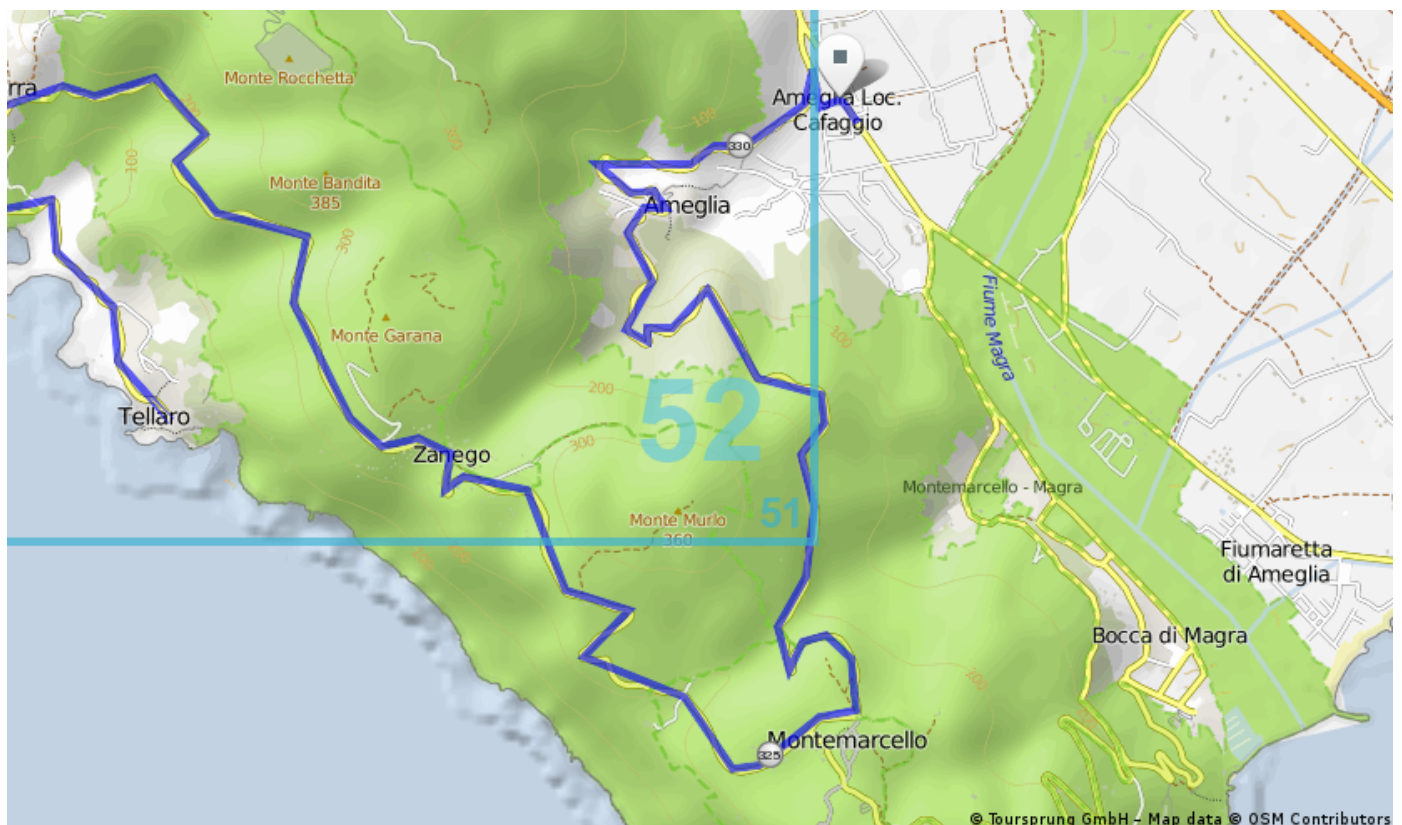
Map 49 / 52



Map 50 / 52



Map 51 / 52



Map 52 / 52